
































## Atlantic Highlands, NJ - Nov 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:43	4.8	5:55	4.7	11:50	0.9			7:26	5:53	
2	Sun	5:26	5.1	5:37	4.8	12:12	0.5	11:50	0.4	6:27	4:52	
3	Mon	6:04	5.3	6:16	4.8			12:16	0.5	6:28	4:50	
4	Tue	6:39	5.4	6:52	4.8	12:26	0.3	12:58	0.3	6:29	4:49	
5	Wed	7:12	5.5	7:27	4.7	1:03	0.4	1:40	0.3	6:30	4:48	
6	Thu	7:43	5.5	8:02	4.6	1:40	0.4	2:21	0.2	6:31	4:47	
7	Fri	8:16	5.5	8:39	4.4	2:16	0.5	3:00	0.3	6:33	4:46	
8	Sat	8:52	5.4	9:21	4.2	2:51	0.6	3:40	0.4	6:34	4:45	
9	Sun	9:35	5.3	10:13	4.1	3:27	0.7	4:23	0.5	6:35	4:44	
10	Mon	10:29	5.2	11:15	4.0	4:08	0.8	5:13	0.6	6:36	4:43	
11	Tue	11:33	5.1			4:59	1.0	6:14	0.7	6:37	4:42	
12	Wed	12:19	4.1	12:37	5.0	6:11	1.1	7:22	0.6	6:38	4:41	
13	Thu	1:20	4.3	1:39	5.0	7:36	1.0	8:26	0.4	6:40	4:40	
14	Fri	2:21	4.7	2:42	5.1	8:50	0.7	9:23	0.1	6:41	4:39	
15	Sat	3:24	5.0	3:46	5.2	9:53	0.4	10:15	-0.2	6:42	4:39	
16	Sun	4:24	5.5	4:46	5.3	10:50	0.0	11:04	-0.5	6:43	4:38	
17	Mon	5:18	5.9	5:41	5.4	11:44	-0.3	11:53	-0.6	6:44	4:37	
18	Tue	6:07	6.2	6:31	5.4			12:37	-0.5	6:45	4:36	
19	Wed	6:54	6.3	7:20	5.3	12:41	-0.6	1:29	-0.6	6:47	4:36	
20	Thu	7:40	6.2	8:09	5.1	1:30	-0.5	2:19	-0.5	6:48	4:35	
21	Fri	8:27	6.0	9:00	4.8	2:17	-0.3	3:07	-0.4	6:49	4:34	
22	Sat	9:15	5.6	9:54	4.5	3:03	0.0	3:53	-0.1	6:50	4:34	
23	Sun	10:06	5.3	10:50	4.3	3:48	0.3	4:40	0.2	6:51	4:33	
24	Mon	10:59	4.9	11:46	4.1	4:34	0.7	5:30	0.5	6:52	4:33	
25	Tue	11:54	4.6			5:24	1.0	6:26	0.7	6:53	4:32	
26	Wed	12:39	4.1	12:45	4.4	6:25	1.2	7:24	0.8	6:54	4:32	
27	Thu	1:30	4.1	1:35	4.2	7:32	1.3	8:18	0.8	6:55	4:31	
28	Fri	2:20	4.2	2:26	4.1	8:34	1.2	9:06	0.7	6:56	4:31	
29	Sat	3:11	4.3	3:19	4.1	9:29	1.0	9:50	0.6	6:57	4:30	
30	Sun	4:01	4.5	4:12	4.1	10:18	0.8	10:31	0.4	6:58	4:30	