

































## Atlantic Highlands, NJ - Mar 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:20	5.5	6:46	4.9	12:09	-0.4	12:50	-0.8	6:28	5:48	
2	Tue	7:07	5.7	7:32	5.2	1:02	-0.8	1:37	-1.1	6:26	5:49	
3	Wed	7:55	5.7	8:20	5.5	1:54	-1.0	2:22	-1.2	6:24	5:50	
4	Thu	8:43	5.6	9:09	5.5	2:44	-1.1	3:06	-1.2	6:23	5:51	
5	Fri	9:33	5.3	10:00	5.5	3:33	-1.0	3:50	-1.1	6:21	5:52	
6	Sat	10:27	4.9	10:55	5.3	4:23	-0.7	4:35	-0.7	6:20	5:53	
7	Sun	11:24	4.6	11:51	5.1	5:18	-0.3	5:24	-0.3	6:18	5:55	
8	Mon			12:23	4.2	6:20	0.0	6:23	0.1	6:17	5:56	
9	Tue	12:49	4.8	1:23	3.9	7:31	0.3	7:32	0.4	6:15	5:57	
10	Wed	1:48	4.6	2:25	3.8	8:42	0.4	8:43	0.6	6:13	5:58	
11	Thu	2:52	4.4	3:32	3.8	9:46	0.3	9:46	0.5	6:12	5:59	
12	Fri	3:59	4.4	4:35	3.9	10:40	0.2	10:41	0.4	6:10	6:00	
13	Sat	4:58	4.5	5:28	4.2	11:27	0.1	11:30	0.3	6:09	6:01	
14	Sun	6:47	4.6	7:13	4.4			1:10	0.0	7:07	7:02	
15	Mon	7:28	4.8	7:52	4.7	1:15	0.1	1:50	-0.1	7:05	7:03	
16	Tue	8:05	4.8	8:29	4.8	1:58	0.0	2:27	-0.2	7:04	7:04	
17	Wed	8:41	4.8	9:04	4.9	2:40	-0.1	3:02	-0.2	7:02	7:05	
18	Thu	9:15	4.6	9:38	4.9	3:18	-0.1	3:35	-0.1	7:00	7:06	
19	Fri	9:49	4.4	10:10	4.8	3:55	-0.1	4:05	0.0	6:59	7:07	
20	Sat	10:23	4.2	10:42	4.7	4:30	0.1	4:34	0.2	6:57	7:08	
21	Sun	10:57	4.0	11:16	4.5	5:04	0.2	5:01	0.4	6:56	7:09	
22	Mon	11:37	3.8	11:55	4.4	5:39	0.4	5:28	0.6	6:54	7:11	
23	Tue			12:24	3.6	6:21	0.7	6:03	0.8	6:52	7:12	
24	Wed	12:43	4.4	1:19	3.5	7:19	0.8	6:56	1.0	6:51	7:13	
25	Thu	1:40	4.4	2:18	3.5	8:35	0.9	8:23	1.0	6:49	7:14	
26	Fri	2:42	4.4	3:24	3.6	9:47	0.7	9:48	0.9	6:47	7:15	
27	Sat	3:51	4.6	4:34	3.9	10:48	0.4	10:56	0.5	6:46	7:16	
28	Sun	5:01	4.9	5:38	4.4	11:41	0.0	11:55	0.0	6:44	7:17	
29	Mon	6:03	5.2	6:33	5.0			12:31	-0.4	6:42	7:18	
30	Tue	6:56	5.5	7:22	5.5	12:50	-0.4	1:19	-0.7	6:41	7:19	
31	Wed	7:45	5.7	8:09	5.9	1:44	-0.7	2:07	-1.0	6:39	7:20	