

Atlantic Highlands, NJ - Jul 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:40	4.9	9:47	5.5	3:43	-0.1	3:41	0.4	5:30	8:30	
2	Mon	10:25	4.8	10:29	5.2	4:22	0.0	4:23	0.6	5:30	8:30	
3	Tue	11:11	4.7	11:12	4.9	4:59	0.2	5:03	0.8	5:31	8:29	
4	Wed	11:58	4.7	11:56	4.7	5:35	0.4	5:44	1.0	5:32	8:29	
5	Thu			12:43	4.7	6:12	0.6	6:29	1.2	5:32	8:29	
6	Fri	12:41	4.5	1:27	4.7	6:52	0.8	7:23	1.3	5:33	8:29	
7	Sat	1:25	4.3	2:09	4.7	7:38	0.9	8:24	1.4	5:33	8:28	
8	Sun	2:10	4.1	2:53	4.8	8:31	1.0	9:26	1.3	5:34	8:28	
9	Mon	3:00	4.0	3:41	4.9	9:26	1.0	10:24	1.1	5:35	8:28	
10	Tue	3:56	4.0	4:35	5.1	10:21	0.9	11:17	0.8	5:35	8:27	
11	Wed	4:59	4.1	5:30	5.3	11:13	0.8			5:36	8:27	
12	Thu	5:57	4.3	6:21	5.6	12:07	0.5	12:04	0.6	5:37	8:26	
13	Fri	6:49	4.6	7:09	5.9	12:57	0.2	12:55	0.3	5:38	8:26	
14	Sat	7:37	4.9	7:55	6.1	1:46	-0.1	1:47	0.1	5:38	8:25	
15	Sun	8:25	5.1	8:42	6.2	2:35	-0.3	2:39	0.0	5:39	8:24	
16	Mon	9:14	5.3	9:31	6.2	3:22	-0.5	3:31	-0.1	5:40	8:24	
17	Tue	10:05	5.5	10:22	6.0	4:07	-0.6	4:21	-0.1	5:41	8:23	
18	Wed	10:59	5.6	11:17	5.8	4:52	-0.6	5:12	0.0	5:42	8:22	
19	Thu	11:55	5.6			5:38	-0.5	6:07	0.2	5:43	8:22	
20	Fri	12:14	5.5	12:52	5.6	6:28	-0.3	7:08	0.4	5:43	8:21	
21	Sat	1:11	5.2	1:47	5.6	7:24	0.0	8:16	0.6	5:44	8:20	
22	Sun	2:08	4.9	2:42	5.5	8:25	0.2	9:24	0.7	5:45	8:19	
23	Mon	3:06	4.7	3:40	5.5	9:27	0.4	10:27	0.6	5:46	8:19	
24	Tue	4:07	4.6	4:40	5.4	10:26	0.4	11:24	0.5	5:47	8:18	
25	Wed	5:11	4.5	5:40	5.5	11:21	0.4			5:48	8:17	
26	Thu	6:10	4.6	6:32	5.6	12:16	0.3	12:13	0.4	5:49	8:16	
27	Fri	7:01	4.8	7:18	5.6	1:05	0.2	1:02	0.4	5:50	8:15	
28	Sat	7:47	4.9	8:01	5.6	1:51	0.1	1:49	0.4	5:50	8:14	
29	Sun	8:30	5.0	8:40	5.5	2:34	0.1	2:34	0.4	5:51	8:13	
30	Mon	9:12	5.0	9:19	5.4	3:14	0.1	3:17	0.5	5:52	8:12	
31	Tue	9:53	5.0	9:57	5.2	3:51	0.1	3:57	0.5	5:53	8:11	