

Atlantic Highlands, NJ - Jan 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:27	4.9	1:50	4.4	8:04	0.2	8:17	-0.3	7:19	4:40	
2	Wed	2:26	5.0	2:53	4.3	9:12	0.0	9:19	-0.3	7:19	4:41	
3	Thu	3:29	5.1	3:59	4.3	10:13	-0.2	10:16	-0.4	7:19	4:42	
4	Fri	4:32	5.2	5:02	4.4	11:09	-0.4	11:10	-0.5	7:19	4:43	
5	Sat	5:28	5.4	5:57	4.5			12:02	-0.6	7:19	4:44	
6	Sun	6:19	5.5	6:47	4.7	12:02	-0.6	12:52	-0.7	7:19	4:45	
7	Mon	7:05	5.5	7:34	4.7	12:53	-0.6	1:40	-0.8	7:18	4:46	
8	Tue	7:49	5.4	8:20	4.7	1:41	-0.5	2:24	-0.8	7:18	4:47	
9	Wed	8:32	5.2	9:05	4.6	2:26	-0.4	3:05	-0.7	7:18	4:48	
10	Thu	9:15	4.9	9:50	4.4	3:09	-0.3	3:44	-0.5	7:18	4:49	
11	Fri	9:58	4.6	10:36	4.3	3:49	-0.1	4:20	-0.3	7:18	4:50	
12	Sat	10:42	4.3	11:22	4.2	4:29	0.2	4:57	-0.1	7:17	4:51	
13	Sun	11:27	4.0			5:12	0.4	5:37	0.2	7:17	4:52	
14	Mon	12:08	4.1	12:13	3.8	6:02	0.7	6:22	0.4	7:17	4:53	
15	Tue	12:53	4.1	12:59	3.6	7:02	0.8	7:16	0.5	7:16	4:54	
16	Wed	1:39	4.1	1:49	3.5	8:06	0.8	8:14	0.6	7:16	4:55	
17	Thu	2:28	4.1	2:44	3.4	9:07	0.7	9:11	0.5	7:15	4:57	
18	Fri	3:23	4.2	3:46	3.5	10:02	0.4	10:03	0.3	7:15	4:58	
19	Sat	4:19	4.5	4:44	3.7	10:52	0.1	10:53	0.1	7:14	4:59	
20	Sun	5:10	4.8	5:35	3.9	11:40	-0.2	11:41	-0.2	7:14	5:00	
21	Mon	5:56	5.1	6:21	4.2			12:27	-0.5	7:13	5:01	
22	Tue	6:40	5.3	7:04	4.5	12:30	-0.4	1:13	-0.8	7:12	5:02	
23	Wed	7:23	5.5	7:48	4.7	1:19	-0.6	1:58	-1.0	7:12	5:04	
24	Thu	8:08	5.5	8:34	4.9	2:08	-0.8	2:42	-1.1	7:11	5:05	
25	Fri	8:54	5.4	9:23	5.0	2:55	-0.8	3:25	-1.2	7:10	5:06	
26	Sat	9:45	5.2	10:16	5.0	3:43	-0.8	4:08	-1.1	7:09	5:07	
27	Sun	10:39	5.0	11:12	5.0	4:33	-0.6	4:55	-0.9	7:08	5:08	
28	Mon	11:37	4.7			5:29	-0.3	5:47	-0.6	7:08	5:10	
29	Tue	12:10	4.9	12:35	4.4	6:35	-0.1	6:48	-0.4	7:07	5:11	
30	Wed	1:08	4.8	1:34	4.2	7:46	0.1	7:55	-0.2	7:06	5:12	
31	Thu	2:07	4.8	2:37	4.0	8:55	0.0	9:00	-0.2	7:05	5:13	