

Atlantic Highlands, NJ - Mar 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:47	4.7	2:21	4.1	8:35	0.1	8:43	0.2	6:28	5:48	
2	Sat	2:50	4.6	3:26	4.1	9:38	0.1	9:44	0.1	6:26	5:49	
3	Sun	3:54	4.5	4:28	4.2	10:32	-0.1	10:39	0.0	6:25	5:50	
4	Mon	4:53	4.6	5:22	4.4	11:21	-0.2	11:29	-0.1	6:23	5:51	
5	Tue	5:43	4.8	6:08	4.6			12:05	-0.3	6:22	5:52	
6	Wed	6:26	4.8	6:49	4.8	12:15	-0.2	12:47	-0.4	6:20	5:53	
7	Thu	7:05	4.9	7:28	4.9	12:59	-0.3	1:27	-0.4	6:18	5:54	
8	Fri	7:42	4.8	8:05	4.9	1:41	-0.3	2:04	-0.4	6:17	5:55	
9	Sat	8:19	4.7	8:42	4.9	2:21	-0.3	2:39	-0.3	6:15	5:56	
10	Sun	9:55	4.5	10:17	4.7	3:58	-0.2	4:11	-0.1	7:14	6:58	
11	Mon	10:31	4.3	10:53	4.6	4:34	-0.1	4:42	0.1	7:12	6:59	
12	Tue	11:09	4.1	11:30	4.4	5:09	0.1	5:12	0.3	7:10	7:00	
13	Wed	11:50	3.9			5:46	0.3	5:43	0.5	7:09	7:01	
14	Thu	12:12	4.3	12:36	3.7	6:28	0.6	6:21	0.7	7:07	7:02	
15	Fri	12:58	4.3	1:27	3.6	7:25	0.7	7:18	0.9	7:06	7:03	
16	Sat	1:50	4.3	2:22	3.7	8:35	0.7	8:39	0.9	7:04	7:04	
17	Sun	2:48	4.3	3:23	3.8	9:43	0.6	9:54	0.7	7:02	7:05	
18	Mon	3:52	4.5	4:29	4.1	10:42	0.3	10:57	0.3	7:01	7:06	
19	Tue	4:59	4.7	5:32	4.5	11:35	-0.1	11:53	-0.1	6:59	7:07	
20	Wed	5:59	5.1	6:27	5.0			12:25	-0.5	6:57	7:08	
21	Thu	6:52	5.4	7:16	5.5	12:47	-0.5	1:14	-0.8	6:56	7:09	
22	Fri	7:41	5.6	8:04	5.8	1:41	-0.8	2:03	-1.0	6:54	7:10	
23	Sat	8:30	5.7	8:53	6.0	2:34	-1.1	2:51	-1.2	6:53	7:11	
24	Sun	9:20	5.6	9:42	6.0	3:25	-1.2	3:39	-1.2	6:51	7:12	
25	Mon	10:13	5.4	10:35	5.9	4:16	-1.1	4:26	-1.0	6:49	7:13	
26	Tue	11:08	5.1	11:31	5.6	5:06	-0.9	5:14	-0.7	6:48	7:14	
27	Wed			12:07	4.9	5:59	-0.5	6:06	-0.3	6:46	7:16	
28	Thu	12:29	5.3	1:07	4.6	6:58	-0.1	7:06	0.2	6:44	7:17	
29	Fri	1:28	5.0	2:05	4.4	8:04	0.2	8:14	0.5	6:43	7:18	
30	Sat	2:26	4.7	3:04	4.3	9:10	0.3	9:22	0.6	6:41	7:19	
31	Sun	3:25	4.6	4:03	4.3	10:11	0.3	10:24	0.6	6:39	7:20	