

Atlantic Highlands, NJ - Jun 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:49	4.3	6:16	5.3	11:56	0.6			5:27	8:20	
2	Sun	6:36	4.4	6:57	5.4	12:37	0.5	12:38	0.6	5:27	8:21	
3	Mon	7:19	4.5	7:36	5.5	1:21	0.4	1:21	0.6	5:27	8:22	
4	Tue	8:00	4.5	8:12	5.6	2:05	0.2	2:03	0.6	5:26	8:22	
5	Wed	8:39	4.5	8:48	5.6	2:49	0.1	2:45	0.6	5:26	8:23	
6	Thu	9:18	4.5	9:25	5.5	3:30	0.1	3:26	0.6	5:26	8:23	
7	Fri	9:58	4.5	10:04	5.4	4:09	0.1	4:06	0.6	5:25	8:24	
8	Sat	10:42	4.5	10:48	5.3	4:47	0.1	4:46	0.7	5:25	8:25	
9	Sun	11:31	4.6	11:39	5.2	5:27	0.1	5:30	0.7	5:25	8:25	
10	Mon			12:24	4.7	6:10	0.2	6:22	0.8	5:25	8:26	
11	Tue	12:34	5.1	1:17	4.9	7:00	0.2	7:28	0.9	5:25	8:26	
12	Wed	1:31	5.0	2:12	5.2	7:58	0.2	8:41	0.8	5:25	8:27	
13	Thu	2:29	4.9	3:08	5.4	9:00	0.2	9:51	0.6	5:25	8:27	
14	Fri	3:31	4.9	4:09	5.7	10:00	0.1	10:54	0.3	5:25	8:28	
15	Sat	4:37	4.9	5:11	5.9	10:58	-0.1	11:52	0.0	5:25	8:28	
16	Sun	5:42	5.0	6:11	6.1	11:54	-0.2			5:25	8:28	
17	Mon	6:42	5.1	7:05	6.3	12:48	-0.2	12:49	-0.3	5:25	8:29	
18	Tue	7:37	5.3	7:56	6.4	1:43	-0.4	1:43	-0.3	5:25	8:29	
19	Wed	8:29	5.3	8:46	6.3	2:36	-0.5	2:37	-0.2	5:25	8:29	
20	Thu	9:21	5.3	9:35	6.0	3:26	-0.6	3:28	-0.1	5:26	8:29	
21	Fri	10:13	5.2	10:25	5.8	4:13	-0.5	4:17	0.1	5:26	8:30	
22	Sat	11:06	5.1	11:15	5.4	4:58	-0.3	5:03	0.4	5:26	8:30	
23	Sun	11:58	5.0			5:41	0.0	5:50	0.7	5:26	8:30	
24	Mon	12:05	5.1	12:49	4.9	6:26	0.3	6:41	1.0	5:27	8:30	
25	Tue	12:55	4.8	1:36	4.9	7:13	0.5	7:37	1.2	5:27	8:30	
26	Wed	1:42	4.5	2:22	4.8	8:02	0.7	8:36	1.3	5:27	8:30	
27	Thu	2:29	4.3	3:08	4.8	8:53	0.9	9:35	1.2	5:28	8:30	
28	Fri	3:18	4.2	3:57	4.9	9:44	0.9	10:29	1.1	5:28	8:30	
29	Sat	4:12	4.1	4:48	5.0	10:33	0.9	11:19	0.9	5:29	8:30	
30	Sun	5:09	4.1	5:39	5.1	11:19	0.8			5:29	8:30	