

Atlantic Highlands, NJ - Jul 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:02	4.2	6:25	5.3	12:06	0.7	12:05	0.7	5:30	8:30	
2	Tue	6:50	4.4	7:07	5.5	12:52	0.5	12:50	0.6	5:30	8:30	
3	Wed	7:33	4.5	7:47	5.6	1:38	0.3	1:35	0.6	5:31	8:30	
4	Thu	8:14	4.6	8:25	5.7	2:22	0.1	2:21	0.5	5:31	8:29	
5	Fri	8:54	4.7	9:05	5.7	3:06	0.0	3:06	0.4	5:32	8:29	
6	Sat	9:36	4.8	9:47	5.7	3:47	-0.1	3:50	0.4	5:33	8:29	
7	Sun	10:21	4.9	10:33	5.6	4:26	-0.2	4:34	0.4	5:33	8:28	
8	Mon	11:10	5.0	11:24	5.4	5:06	-0.2	5:20	0.4	5:34	8:28	
9	Tue			12:03	5.2	5:49	-0.1	6:12	0.6	5:35	8:28	
10	Wed	12:19	5.2	12:58	5.3	6:37	0.0	7:14	0.7	5:35	8:27	
11	Thu	1:16	5.1	1:53	5.5	7:33	0.1	8:25	0.7	5:36	8:27	
12	Fri	2:14	4.9	2:49	5.6	8:35	0.2	9:35	0.6	5:37	8:26	
13	Sat	3:14	4.8	3:50	5.6	9:39	0.2	10:39	0.4	5:38	8:26	
14	Sun	4:19	4.7	4:53	5.8	10:40	0.1	11:38	0.2	5:38	8:25	
15	Mon	5:26	4.8	5:55	5.9	11:37	0.0			5:39	8:25	
16	Tue	6:27	5.0	6:50	6.0	12:33	0.0	12:33	0.0	5:40	8:24	
17	Wed	7:21	5.2	7:40	6.1	1:26	-0.2	1:26	-0.1	5:41	8:23	
18	Thu	8:12	5.3	8:27	6.0	2:16	-0.3	2:19	0.0	5:41	8:23	
19	Fri	9:00	5.3	9:13	5.9	3:04	-0.4	3:08	0.0	5:42	8:22	
20	Sat	9:48	5.3	9:58	5.6	3:48	-0.3	3:54	0.2	5:43	8:21	
21	Sun	10:35	5.2	10:43	5.3	4:29	-0.2	4:37	0.4	5:44	8:20	
22	Mon	11:22	5.1	11:29	5.0	5:08	0.1	5:20	0.6	5:45	8:20	
23	Tue			12:10	5.0	5:46	0.3	6:03	0.9	5:46	8:19	
24	Wed	12:16	4.7	12:56	4.9	6:25	0.6	6:52	1.1	5:47	8:18	
25	Thu	1:02	4.5	1:41	4.8	7:08	0.8	7:49	1.3	5:48	8:17	
26	Fri	1:49	4.2	2:25	4.8	7:59	1.0	8:50	1.3	5:48	8:16	
27	Sat	2:36	4.1	3:12	4.8	8:54	1.1	9:49	1.3	5:49	8:15	
28	Sun	3:28	4.0	4:04	4.9	9:50	1.1	10:44	1.1	5:50	8:14	
29	Mon	4:27	4.0	4:59	5.0	10:43	1.0	11:34	0.8	5:51	8:13	
30	Tue	5:26	4.1	5:51	5.2	11:33	0.9			5:52	8:12	
31	Wed	6:18	4.4	6:37	5.5	12:21	0.6	12:21	0.7	5:53	8:11	