

Atlantic Highlands, NJ - Aug 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:04	4.6	7:20	5.7	1:07	0.3	1:09	0.5	5:54	8:10	
2	Fri	7:47	4.9	8:02	5.9	1:53	0.1	1:57	0.3	5:55	8:09	
3	Sat	8:29	5.1	8:44	6.0	2:37	-0.2	2:45	0.1	5:56	8:08	
4	Sun	9:12	5.3	9:28	5.9	3:20	-0.3	3:33	0.0	5:57	8:07	
5	Mon	9:58	5.5	10:16	5.8	4:02	-0.4	4:19	0.0	5:58	8:06	
6	Tue	10:48	5.6	11:08	5.5	4:44	-0.4	5:07	0.1	5:59	8:04	
7	Wed	11:42	5.6			5:27	-0.3	6:00	0.3	6:00	8:03	
8	Thu	12:04	5.3	12:38	5.6	6:15	-0.1	7:01	0.5	6:01	8:02	
9	Fri	1:03	5.1	1:36	5.6	7:11	0.1	8:10	0.7	6:02	8:01	
10	Sat	2:02	4.9	2:34	5.6	8:16	0.3	9:20	0.7	6:03	7:59	
11	Sun	3:02	4.7	3:34	5.5	9:23	0.4	10:25	0.5	6:04	7:58	
12	Mon	4:07	4.7	4:38	5.6	10:27	0.4	11:23	0.3	6:05	7:57	
13	Tue	5:13	4.8	5:40	5.6	11:25	0.3			6:06	7:55	
14	Wed	6:12	5.0	6:35	5.8	12:16	0.1	12:19	0.2	6:07	7:54	
15	Thu	7:05	5.2	7:23	5.8	1:06	0.0	1:10	0.2	6:07	7:53	
16	Fri	7:52	5.3	8:07	5.8	1:53	-0.1	1:59	0.1	6:08	7:51	
17	Sat	8:36	5.4	8:49	5.7	2:37	-0.1	2:46	0.2	6:09	7:50	
18	Sun	9:18	5.4	9:30	5.5	3:18	-0.1	3:29	0.2	6:10	7:48	
19	Mon	10:00	5.3	10:10	5.2	3:56	0.0	4:10	0.4	6:11	7:47	
20	Tue	10:43	5.2	10:52	4.9	4:32	0.2	4:49	0.6	6:12	7:46	
21	Wed	11:26	5.1	11:36	4.6	5:06	0.5	5:29	0.8	6:13	7:44	
22	Thu			12:10	4.9	5:40	0.7	6:11	1.1	6:14	7:43	
23	Fri	12:22	4.4	12:55	4.8	6:17	1.0	7:01	1.3	6:15	7:41	
24	Sat	1:09	4.2	1:41	4.8	7:02	1.2	8:02	1.4	6:16	7:40	
25	Sun	1:58	4.1	2:28	4.7	8:01	1.3	9:06	1.4	6:17	7:38	
26	Mon	2:49	4.0	3:19	4.8	9:07	1.4	10:06	1.2	6:18	7:36	
27	Tue	3:46	4.1	4:15	4.9	10:08	1.2	10:59	0.9	6:19	7:35	
28	Wed	4:47	4.3	5:13	5.2	11:03	1.0	11:48	0.6	6:20	7:33	
29	Thu	5:44	4.6	6:05	5.5	11:55	0.7			6:21	7:32	
30	Fri	6:33	5.0	6:53	5.8	12:34	0.3	12:44	0.4	6:22	7:30	
31	Sat	7:18	5.3	7:38	6.0	1:20	0.0	1:34	0.1	6:23	7:29	