

## Atlantic Highlands, NJ - Jan 2070

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 10:45 | 4.9 | 11:25 | 4.6 | 4:30  | -0.2 | 5:06  | -0.4 | 7:19                                                                                | 4:40 |    |
| 2    | Thu | 11:36 | 4.5 |       |     | 5:20  | 0.2  | 5:54  | -0.1 | 7:19                                                                                | 4:41 |    |
| 3    | Fri | 12:15 | 4.4 | 12:25 | 4.2 | 6:15  | 0.5  | 6:45  | 0.2  | 7:19                                                                                | 4:42 |    |
| 4    | Sat | 1:04  | 4.3 | 1:14  | 3.9 | 7:15  | 0.7  | 7:39  | 0.3  | 7:19                                                                                | 4:43 |    |
| 5    | Sun | 1:52  | 4.3 | 2:04  | 3.7 | 8:16  | 0.7  | 8:32  | 0.4  | 7:19                                                                                | 4:44 |    |
| 6    | Mon | 2:42  | 4.3 | 2:58  | 3.6 | 9:13  | 0.6  | 9:23  | 0.4  | 7:19                                                                                | 4:45 |    |
| 7    | Tue | 3:35  | 4.3 | 3:55  | 3.6 | 10:05 | 0.5  | 10:11 | 0.3  | 7:18                                                                                | 4:46 |    |
| 8    | Wed | 4:28  | 4.5 | 4:50  | 3.7 | 10:53 | 0.2  | 10:56 | 0.2  | 7:18                                                                                | 4:47 |    |
| 9    | Thu | 5:16  | 4.7 | 5:38  | 3.9 | 11:38 | 0.0  | 11:40 | 0.1  | 7:18                                                                                | 4:48 |    |
| 10   | Fri | 5:59  | 4.8 | 6:21  | 4.0 |       |      | 12:23 | -0.2 | 7:18                                                                                | 4:49 |    |
| 11   | Sat | 6:38  | 5.0 | 7:01  | 4.2 | 12:25 | 0.0  | 1:06  | -0.3 | 7:18                                                                                | 4:50 |    |
| 12   | Sun | 7:15  | 5.1 | 7:39  | 4.2 | 1:08  | -0.1 | 1:48  | -0.5 | 7:17                                                                                | 4:51 |   |
| 13   | Mon | 7:52  | 5.1 | 8:17  | 4.3 | 1:51  | -0.2 | 2:28  | -0.6 | 7:17                                                                                | 4:52 |  |
| 14   | Tue | 8:29  | 5.1 | 8:55  | 4.4 | 2:32  | -0.3 | 3:06  | -0.6 | 7:17                                                                                | 4:53 |  |
| 15   | Wed | 9:09  | 5.0 | 9:38  | 4.4 | 3:12  | -0.3 | 3:43  | -0.6 | 7:16                                                                                | 4:54 |  |
| 16   | Thu | 9:54  | 4.8 | 10:26 | 4.5 | 3:53  | -0.2 | 4:21  | -0.6 | 7:16                                                                                | 4:55 |  |
| 17   | Fri | 10:45 | 4.6 | 11:19 | 4.6 | 4:38  | -0.1 | 5:04  | -0.5 | 7:15                                                                                | 4:56 |  |
| 18   | Sat | 11:41 | 4.5 |       |     | 5:32  | 0.1  | 5:55  | -0.3 | 7:15                                                                                | 4:57 |  |
| 19   | Sun | 12:15 | 4.6 | 12:39 | 4.3 | 6:41  | 0.2  | 6:57  | -0.2 | 7:14                                                                                | 4:59 |  |
| 20   | Mon | 1:13  | 4.7 | 1:40  | 4.2 | 7:55  | 0.2  | 8:05  | -0.2 | 7:14                                                                                | 5:00 |  |
| 21   | Tue | 2:14  | 4.8 | 2:46  | 4.1 | 9:06  | 0.0  | 9:11  | -0.4 | 7:13                                                                                | 5:01 |  |
| 22   | Wed | 3:20  | 5.0 | 3:55  | 4.2 | 10:09 | -0.3 | 10:12 | -0.5 | 7:12                                                                                | 5:02 |  |
| 23   | Thu | 4:27  | 5.2 | 5:00  | 4.4 | 11:06 | -0.6 | 11:10 | -0.7 | 7:12                                                                                | 5:03 |  |
| 24   | Fri | 5:26  | 5.4 | 5:57  | 4.7 |       |      | 12:00 | -0.8 | 7:11                                                                                | 5:04 |  |
| 25   | Sat | 6:19  | 5.6 | 6:49  | 4.9 | 12:05 | -0.8 | 12:52 | -1.0 | 7:10                                                                                | 5:06 |  |
| 26   | Sun | 7:08  | 5.6 | 7:38  | 5.0 | 12:58 | -0.9 | 1:42  | -1.1 | 7:09                                                                                | 5:07 |  |
| 27   | Mon | 7:55  | 5.5 | 8:25  | 5.0 | 1:49  | -0.9 | 2:28  | -1.1 | 7:09                                                                                | 5:08 |  |
| 28   | Tue | 8:41  | 5.3 | 9:13  | 4.9 | 2:36  | -0.8 | 3:11  | -1.0 | 7:08                                                                                | 5:09 |  |
| 29   | Wed | 9:26  | 5.0 | 10:00 | 4.7 | 3:21  | -0.6 | 3:51  | -0.8 | 7:07                                                                                | 5:11 |  |
| 30   | Thu | 10:12 | 4.7 | 10:47 | 4.5 | 4:03  | -0.4 | 4:30  | -0.5 | 7:06                                                                                | 5:12 |  |
| 31   | Fri | 10:59 | 4.3 | 11:34 | 4.4 | 4:46  | -0.1 | 5:09  | -0.2 | 7:05                                                                                | 5:13 |  |