

Atlantic Highlands, NJ - Mar 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:23	4.3	10:50	4.5	4:15	-0.1	4:28	0.0	6:28	5:47	
2	Sun	11:08	4.0	11:36	4.3	4:55	0.2	5:04	0.3	6:27	5:48	
3	Mon	11:55	3.8			5:40	0.5	5:46	0.6	6:25	5:50	
4	Tue	12:22	4.2	12:44	3.6	6:36	0.7	6:42	0.8	6:24	5:51	
5	Wed	1:10	4.1	1:35	3.5	7:41	0.8	7:49	0.9	6:22	5:52	
6	Thu	2:01	4.0	2:31	3.5	8:44	0.7	8:54	0.8	6:20	5:53	
7	Fri	2:58	4.1	3:32	3.6	9:41	0.5	9:52	0.6	6:19	5:54	
8	Sat	3:58	4.3	4:30	3.9	10:31	0.3	10:43	0.3	6:17	5:55	
9	Sun	5:53	4.6	6:20	4.3			12:18	0.0	7:16	6:56	
10	Mon	6:40	4.9	7:04	4.7	12:32	0.0	1:02	-0.3	7:14	6:57	
11	Tue	7:24	5.1	7:45	5.0	1:20	-0.3	1:47	-0.6	7:12	6:58	
12	Wed	8:07	5.3	8:26	5.3	2:08	-0.6	2:30	-0.8	7:11	6:59	
13	Thu	8:50	5.4	9:09	5.5	2:55	-0.8	3:14	-0.9	7:09	7:01	
14	Fri	9:35	5.3	9:55	5.6	3:42	-0.9	3:57	-0.9	7:08	7:02	
15	Sat	10:25	5.1	10:45	5.5	4:29	-0.8	4:40	-0.8	7:06	7:03	
16	Sun	11:19	4.9	11:41	5.4	5:17	-0.7	5:26	-0.6	7:04	7:04	
17	Mon			12:18	4.7	6:10	-0.4	6:18	-0.3	7:03	7:05	
18	Tue	12:41	5.2	1:18	4.5	7:13	-0.1	7:21	0.0	7:01	7:06	
19	Wed	1:41	5.0	2:19	4.4	8:23	0.1	8:33	0.2	6:59	7:07	
20	Thu	2:43	4.9	3:22	4.4	9:32	0.1	9:43	0.2	6:58	7:08	
21	Fri	3:47	4.8	4:27	4.4	10:34	0.0	10:47	0.1	6:56	7:09	
22	Sat	4:52	4.8	5:29	4.7	11:30	-0.2	11:43	-0.1	6:55	7:10	
23	Sun	5:53	4.9	6:23	4.9			12:19	-0.3	6:53	7:11	
24	Mon	6:44	5.0	7:11	5.2	12:35	-0.2	1:05	-0.4	6:51	7:12	
25	Tue	7:29	5.1	7:53	5.3	1:23	-0.3	1:49	-0.4	6:50	7:13	
26	Wed	8:11	5.1	8:33	5.3	2:08	-0.4	2:30	-0.4	6:48	7:14	
27	Thu	8:51	5.0	9:12	5.3	2:52	-0.4	3:09	-0.3	6:46	7:15	
28	Fri	9:30	4.8	9:50	5.2	3:32	-0.3	3:45	-0.2	6:45	7:16	
29	Sat	10:09	4.6	10:29	5.0	4:11	-0.2	4:20	0.1	6:43	7:17	
30	Sun	10:50	4.3	11:08	4.8	4:48	0.0	4:53	0.3	6:41	7:18	
31	Mon	11:34	4.1	11:50	4.5	5:25	0.2	5:26	0.6	6:40	7:19	