

Atlantic Highlands, NJ - May 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:37	4.0	6:19	0.7	6:15	1.2	5:54	7:52	
2	Fri	12:42	4.6	1:26	4.1	7:09	0.8	7:14	1.3	5:53	7:53	
3	Sat	1:32	4.5	2:15	4.2	8:09	0.8	8:29	1.3	5:51	7:54	
4	Sun	2:26	4.5	3:07	4.4	9:10	0.7	9:39	1.1	5:50	7:55	
5	Mon	3:24	4.6	4:03	4.7	10:06	0.5	10:40	0.7	5:49	7:56	
6	Tue	4:27	4.7	5:02	5.1	10:59	0.2	11:36	0.3	5:48	7:57	
7	Wed	5:29	4.9	5:57	5.6	11:49	-0.1			5:47	7:58	
8	Thu	6:25	5.2	6:49	6.0	12:30	-0.1	12:39	-0.3	5:46	7:59	
9	Fri	7:18	5.4	7:38	6.4	1:23	-0.4	1:30	-0.5	5:45	8:00	
10	Sat	8:09	5.5	8:28	6.5	2:17	-0.7	2:22	-0.6	5:44	8:01	
11	Sun	9:02	5.5	9:19	6.5	3:10	-0.8	3:14	-0.6	5:43	8:02	
12	Mon	9:57	5.4	10:13	6.3	4:01	-0.9	4:06	-0.5	5:42	8:03	
13	Tue	10:54	5.3	11:10	6.0	4:52	-0.7	4:57	-0.3	5:41	8:04	
14	Wed	11:55	5.2			5:44	-0.5	5:52	0.1	5:40	8:05	
15	Thu	12:10	5.7	12:54	5.1	6:40	-0.2	6:52	0.4	5:39	8:05	
16	Fri	1:09	5.4	1:51	5.1	7:40	0.0	7:58	0.7	5:38	8:06	
17	Sat	2:05	5.1	2:46	5.0	8:41	0.2	9:05	0.8	5:37	8:07	
18	Sun	3:00	4.8	3:41	5.0	9:39	0.3	10:06	0.7	5:36	8:08	
19	Mon	3:56	4.6	4:35	5.1	10:31	0.3	11:00	0.6	5:35	8:09	
20	Tue	4:53	4.5	5:28	5.2	11:17	0.3	11:49	0.5	5:34	8:10	
21	Wed	5:46	4.5	6:15	5.4			12:00	0.4	5:34	8:11	
22	Thu	6:34	4.6	6:57	5.5	12:35	0.4	12:42	0.4	5:33	8:12	
23	Fri	7:18	4.6	7:37	5.6	1:18	0.3	1:23	0.4	5:32	8:13	
24	Sat	7:59	4.6	8:14	5.6	2:02	0.2	2:04	0.4	5:32	8:14	
25	Sun	8:38	4.6	8:51	5.5	2:44	0.1	2:44	0.5	5:31	8:15	
26	Mon	9:18	4.5	9:27	5.4	3:24	0.1	3:23	0.6	5:30	8:15	
27	Tue	9:57	4.4	10:03	5.2	4:03	0.2	4:01	0.7	5:30	8:16	
28	Wed	10:38	4.3	10:39	5.0	4:39	0.3	4:36	0.9	5:29	8:17	
29	Thu	11:21	4.3	11:20	4.9	5:15	0.4	5:12	1.0	5:29	8:18	
30	Fri			12:07	4.3	5:53	0.5	5:52	1.1	5:28	8:19	
31	Sat	12:07	4.8	12:54	4.4	6:35	0.6	6:43	1.2	5:28	8:19	