

Atlantic Highlands, NJ - Jul 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:25	4.8	2:03	5.1	7:46	0.4	8:37	1.0	5:30	8:30	
2	Wed	2:22	4.7	2:59	5.4	8:48	0.3	9:47	0.7	5:30	8:30	
3	Thu	3:24	4.7	4:00	5.6	9:51	0.2	10:51	0.4	5:31	8:30	
4	Fri	4:31	4.8	5:04	5.9	10:52	0.0	11:50	0.1	5:31	8:29	
5	Sat	5:38	4.9	6:06	6.2	11:50	-0.2			5:32	8:29	
6	Sun	6:39	5.2	7:02	6.4	12:46	-0.2	12:47	-0.3	5:32	8:29	
7	Mon	7:36	5.4	7:55	6.5	1:42	-0.5	1:44	-0.4	5:33	8:28	
8	Tue	8:30	5.5	8:47	6.4	2:36	-0.7	2:40	-0.4	5:34	8:28	
9	Wed	9:23	5.6	9:39	6.3	3:27	-0.8	3:33	-0.4	5:34	8:28	
10	Thu	10:17	5.6	10:31	6.0	4:15	-0.7	4:24	-0.2	5:35	8:27	
11	Fri	11:11	5.5	11:23	5.6	5:01	-0.5	5:13	0.1	5:36	8:27	
12	Sat			12:05	5.4	5:47	-0.3	6:03	0.4	5:37	8:26	
13	Sun	12:16	5.2	12:57	5.2	6:34	0.1	6:58	0.8	5:37	8:26	
14	Mon	1:07	4.9	1:46	5.1	7:24	0.4	7:57	1.0	5:38	8:25	
15	Tue	1:56	4.6	2:34	5.0	8:17	0.7	8:57	1.1	5:39	8:25	
16	Wed	2:45	4.4	3:22	5.0	9:10	0.8	9:55	1.1	5:40	8:24	
17	Thu	3:37	4.2	4:13	5.0	10:01	0.9	10:47	1.0	5:40	8:24	
18	Fri	4:33	4.1	5:06	5.1	10:50	0.9	11:36	0.8	5:41	8:23	
19	Sat	5:30	4.2	5:56	5.2	11:37	0.8			5:42	8:22	
20	Sun	6:21	4.3	6:41	5.3	12:22	0.6	12:22	0.7	5:43	8:21	
21	Mon	7:07	4.5	7:23	5.5	1:06	0.5	1:07	0.7	5:44	8:21	
22	Tue	7:48	4.6	8:01	5.5	1:50	0.3	1:51	0.6	5:45	8:20	
23	Wed	8:27	4.7	8:38	5.5	2:32	0.2	2:35	0.5	5:46	8:19	
24	Thu	9:05	4.8	9:14	5.5	3:12	0.1	3:17	0.5	5:46	8:18	
25	Fri	9:42	4.8	9:51	5.4	3:50	0.0	3:57	0.5	5:47	8:17	
26	Sat	10:22	4.9	10:32	5.3	4:26	0.0	4:37	0.6	5:48	8:16	
27	Sun	11:05	5.0	11:18	5.1	5:02	0.1	5:18	0.6	5:49	8:15	
28	Mon	11:53	5.1			5:40	0.1	6:06	0.7	5:50	8:14	
29	Tue	12:10	5.0	12:46	5.2	6:23	0.2	7:06	0.8	5:51	8:13	
30	Wed	1:07	4.8	1:41	5.4	7:17	0.3	8:17	0.9	5:52	8:12	
31	Thu	2:05	4.7	2:38	5.5	8:23	0.4	9:29	0.7	5:53	8:11	