

Atlantic Highlands, NJ - Aug 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:07	4.7	3:40	5.6	9:31	0.3	10:34	0.5	5:54	8:10	
2	Sat	4:15	4.7	4:47	5.8	10:36	0.2	11:34	0.2	5:55	8:09	
3	Sun	5:23	4.9	5:51	6.0	11:36	0.0			5:56	8:08	
4	Mon	6:25	5.2	6:48	6.2	12:30	-0.1	12:33	-0.2	5:57	8:07	
5	Tue	7:20	5.5	7:40	6.3	1:23	-0.4	1:29	-0.3	5:58	8:06	
6	Wed	8:12	5.7	8:29	6.3	2:15	-0.5	2:23	-0.3	5:59	8:05	
7	Thu	9:02	5.7	9:17	6.1	3:04	-0.6	3:14	-0.3	6:00	8:03	
8	Fri	9:51	5.7	10:05	5.8	3:50	-0.5	4:03	-0.1	6:00	8:02	
9	Sat	10:41	5.6	10:54	5.5	4:33	-0.4	4:48	0.1	6:01	8:01	
10	Sun	11:30	5.4	11:43	5.1	5:14	-0.1	5:34	0.4	6:02	8:00	
11	Mon			12:20	5.2	5:55	0.3	6:21	0.8	6:03	7:58	
12	Tue	12:33	4.8	1:08	5.1	6:39	0.6	7:14	1.0	6:04	7:57	
13	Wed	1:22	4.5	1:55	5.0	7:28	0.9	8:14	1.2	6:05	7:56	
14	Thu	2:11	4.3	2:42	4.9	8:23	1.1	9:14	1.3	6:06	7:54	
15	Fri	3:01	4.1	3:33	4.8	9:21	1.2	10:11	1.2	6:07	7:53	
16	Sat	3:56	4.1	4:27	4.9	10:16	1.2	11:03	1.0	6:08	7:52	
17	Sun	4:55	4.2	5:22	5.0	11:07	1.0	11:50	0.8	6:09	7:50	
18	Mon	5:50	4.3	6:11	5.2	11:54	0.9			6:10	7:49	
19	Tue	6:37	4.6	6:54	5.4	12:34	0.6	12:40	0.7	6:11	7:47	
20	Wed	7:19	4.8	7:34	5.6	1:18	0.3	1:25	0.6	6:12	7:46	
21	Thu	7:58	5.0	8:12	5.7	2:00	0.2	2:10	0.4	6:13	7:44	
22	Fri	8:35	5.2	8:50	5.7	2:41	0.0	2:55	0.3	6:14	7:43	
23	Sat	9:13	5.3	9:29	5.6	3:20	-0.1	3:38	0.2	6:15	7:41	
24	Sun	9:53	5.4	10:12	5.4	3:59	-0.1	4:20	0.3	6:16	7:40	
25	Mon	10:37	5.5	11:00	5.2	4:37	-0.1	5:04	0.3	6:17	7:38	
26	Tue	11:28	5.5	11:55	5.0	5:17	0.0	5:53	0.5	6:18	7:37	
27	Wed			12:24	5.5	6:02	0.2	6:52	0.7	6:19	7:35	
28	Thu	12:55	4.9	1:23	5.5	6:58	0.4	8:02	0.8	6:20	7:34	
29	Fri	1:56	4.8	2:23	5.5	8:06	0.5	9:14	0.7	6:21	7:32	
30	Sat	2:58	4.8	3:26	5.6	9:18	0.5	10:20	0.5	6:22	7:31	
31	Sun	4:04	4.8	4:33	5.6	10:25	0.4	11:18	0.3	6:23	7:29	