

Atlantic Highlands, NJ - Jul 2073

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:21	4.2	5:43	5.1	11:25	0.7			5:30	8:30	
2	Sun	6:12	4.4	6:28	5.4	12:18	0.7	12:10	0.6	5:30	8:30	
3	Mon	6:59	4.5	7:10	5.6	1:05	0.4	12:56	0.5	5:31	8:30	
4	Tue	7:43	4.7	7:50	5.8	1:51	0.2	1:43	0.4	5:31	8:29	
5	Wed	8:26	4.8	8:31	5.9	2:37	0.0	2:30	0.3	5:32	8:29	
6	Thu	9:11	4.9	9:15	5.9	3:22	-0.1	3:17	0.2	5:33	8:29	
7	Fri	9:58	5.0	10:02	5.9	4:06	-0.2	4:04	0.2	5:33	8:28	
8	Sat	10:49	5.0	10:54	5.7	4:48	-0.3	4:51	0.2	5:34	8:28	
9	Sun	11:43	5.1	11:50	5.5	5:33	-0.2	5:42	0.3	5:35	8:28	
10	Mon			12:39	5.3	6:21	-0.1	6:40	0.5	5:35	8:27	
11	Tue	12:48	5.3	1:35	5.4	7:16	0.0	7:47	0.6	5:36	8:27	
12	Wed	1:45	5.1	2:30	5.5	8:16	0.1	8:56	0.6	5:37	8:26	
13	Thu	2:43	5.0	3:26	5.6	9:17	0.1	10:02	0.5	5:38	8:26	
14	Fri	3:44	4.8	4:26	5.7	10:16	0.1	11:03	0.3	5:38	8:25	
15	Sat	4:49	4.7	5:27	5.8	11:12	0.1	11:59	0.1	5:39	8:25	
16	Sun	5:52	4.8	6:22	5.9			12:06	0.1	5:40	8:24	
17	Mon	6:48	4.9	7:13	6.0	12:52	0.0	12:58	0.1	5:41	8:23	
18	Tue	7:39	5.0	7:59	6.0	1:43	-0.1	1:48	0.1	5:42	8:23	
19	Wed	8:27	5.0	8:44	5.9	2:31	-0.2	2:37	0.2	5:42	8:22	
20	Thu	9:13	5.0	9:28	5.7	3:17	-0.2	3:24	0.3	5:43	8:21	
21	Fri	9:59	4.9	10:12	5.5	3:58	-0.1	4:07	0.5	5:44	8:20	
22	Sat	10:45	4.8	10:56	5.2	4:37	0.0	4:48	0.6	5:45	8:20	
23	Sun	11:31	4.8	11:42	4.9	5:15	0.2	5:28	0.9	5:46	8:19	
24	Mon			12:17	4.7	5:52	0.4	6:12	1.1	5:47	8:18	
25	Tue	12:28	4.7	1:02	4.7	6:31	0.7	7:02	1.3	5:48	8:17	
26	Wed	1:14	4.5	1:45	4.6	7:15	0.8	8:01	1.4	5:48	8:16	
27	Thu	1:59	4.3	2:28	4.7	8:06	1.0	9:03	1.4	5:49	8:15	
28	Fri	2:47	4.2	3:14	4.7	9:01	1.0	10:02	1.3	5:50	8:14	
29	Sat	3:40	4.1	4:05	4.9	9:56	1.0	10:56	1.0	5:51	8:13	
30	Sun	4:39	4.1	5:00	5.1	10:48	0.8	11:47	0.8	5:52	8:12	
31	Mon	5:37	4.3	5:53	5.4	11:39	0.7			5:53	8:11	