

Atlantic Highlands, NJ - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:32	4.8	3:14	5.6	9:02	0.3	9:57	0.6	5:54	8:10	
2	Thu	3:35	4.7	4:17	5.7	10:06	0.3	10:59	0.3	5:55	8:09	
3	Fri	4:43	4.7	5:21	5.9	11:07	0.2	11:57	0.1	5:56	8:08	
4	Sat	5:50	4.9	6:20	6.1			12:04	0.1	5:57	8:07	
5	Sun	6:48	5.1	7:13	6.2	12:51	-0.1	12:59	0.0	5:58	8:06	
6	Mon	7:42	5.2	8:03	6.2	1:44	-0.3	1:53	0.0	5:59	8:05	
7	Tue	8:31	5.3	8:50	6.1	2:34	-0.4	2:45	0.0	6:00	8:03	
8	Wed	9:20	5.3	9:37	5.9	3:21	-0.4	3:33	0.1	6:01	8:02	
9	Thu	10:07	5.3	10:23	5.6	4:04	-0.3	4:18	0.2	6:01	8:01	
10	Fri	10:55	5.2	11:10	5.3	4:45	-0.1	5:02	0.5	6:02	8:00	
11	Sat	11:42	5.0	11:58	5.0	5:23	0.2	5:46	0.8	6:03	7:58	
12	Sun			12:29	4.9	6:02	0.5	6:33	1.0	6:04	7:57	
13	Mon	12:46	4.7	1:15	4.8	6:44	0.7	7:27	1.3	6:05	7:56	
14	Tue	1:33	4.4	2:00	4.8	7:31	1.0	8:28	1.4	6:06	7:54	
15	Wed	2:21	4.2	2:46	4.7	8:25	1.1	9:29	1.4	6:07	7:53	
16	Thu	3:12	4.1	3:35	4.8	9:22	1.2	10:26	1.2	6:08	7:52	
17	Fri	4:08	4.1	4:30	4.8	10:17	1.1	11:17	1.0	6:09	7:50	
18	Sat	5:07	4.2	5:24	5.0	11:09	1.0			6:10	7:49	
19	Sun	6:01	4.4	6:14	5.3	12:04	0.8	11:57 AM	0.8	6:11	7:47	
20	Mon	6:48	4.6	6:57	5.5	12:49	0.5	12:44	0.6	6:12	7:46	
21	Tue	7:31	4.9	7:38	5.7	1:33	0.3	1:31	0.4	6:13	7:44	
22	Wed	8:11	5.1	8:18	5.8	2:17	0.1	2:18	0.3	6:14	7:43	
23	Thu	8:52	5.3	8:59	5.9	2:59	-0.1	3:05	0.1	6:15	7:41	
24	Fri	9:34	5.4	9:43	5.8	3:40	-0.2	3:51	0.1	6:16	7:40	
25	Sat	10:20	5.5	10:30	5.6	4:20	-0.2	4:36	0.1	6:17	7:38	
26	Sun	11:10	5.6	11:23	5.4	5:01	-0.1	5:24	0.2	6:18	7:37	
27	Mon			12:05	5.6	5:44	0.0	6:19	0.4	6:19	7:35	
28	Tue	12:21	5.1	1:02	5.6	6:35	0.2	7:22	0.6	6:20	7:34	
29	Wed	1:22	4.9	1:59	5.6	7:36	0.5	8:33	0.7	6:21	7:32	
30	Thu	2:22	4.8	2:59	5.6	8:46	0.6	9:43	0.6	6:22	7:31	
31	Fri	3:26	4.7	4:02	5.6	9:54	0.6	10:46	0.5	6:23	7:29	