

Atlantic Highlands, NJ - May 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:00	5.3	7:24	5.9	1:00	-0.2	1:13	-0.4	5:53	7:52	
2	Sat	7:47	5.3	8:08	5.9	1:50	-0.3	1:58	-0.4	5:52	7:53	
3	Sun	8:32	5.2	8:49	5.9	2:38	-0.4	2:42	-0.2	5:51	7:54	
4	Mon	9:17	5.0	9:30	5.7	3:24	-0.3	3:24	0.0	5:50	7:55	
5	Tue	10:02	4.8	10:12	5.5	4:07	-0.2	4:03	0.2	5:48	7:56	
6	Wed	10:50	4.5	10:55	5.2	4:48	0.1	4:42	0.5	5:47	7:57	
7	Thu	11:40	4.3	11:42	4.9	5:29	0.3	5:20	0.8	5:46	7:58	
8	Fri			12:32	4.1	6:12	0.6	6:03	1.1	5:45	7:59	
9	Sat	12:31	4.6	1:23	4.1	7:02	0.9	6:55	1.4	5:44	8:00	
10	Sun	1:21	4.4	2:13	4.0	8:00	1.0	8:01	1.5	5:43	8:01	
11	Mon	2:11	4.3	3:03	4.1	8:58	1.0	9:08	1.5	5:42	8:02	
12	Tue	3:02	4.3	3:54	4.3	9:52	0.9	10:09	1.3	5:41	8:03	
13	Wed	3:56	4.3	4:46	4.5	10:40	0.8	11:02	1.0	5:40	8:04	
14	Thu	4:53	4.4	5:35	4.8	11:24	0.6	11:50	0.7	5:39	8:05	
15	Fri	5:46	4.5	6:19	5.2			12:05	0.4	5:38	8:06	
16	Sat	6:33	4.7	6:59	5.5	12:37	0.4	12:47	0.3	5:37	8:07	
17	Sun	7:17	4.8	7:39	5.8	1:24	0.1	1:30	0.1	5:36	8:08	
18	Mon	8:00	4.9	8:19	6.0	2:12	-0.1	2:14	0.1	5:36	8:09	
19	Tue	8:45	4.9	9:03	6.1	3:00	-0.3	3:00	0.0	5:35	8:10	
20	Wed	9:33	4.8	9:50	6.0	3:48	-0.4	3:46	0.1	5:34	8:11	
21	Thu	10:26	4.8	10:44	5.9	4:35	-0.3	4:34	0.2	5:33	8:12	
22	Fri	11:26	4.7	11:44	5.7	5:24	-0.2	5:25	0.3	5:33	8:12	
23	Sat			12:28	4.7	6:18	-0.1	6:24	0.6	5:32	8:13	
24	Sun	12:46	5.5	1:29	4.8	7:18	0.1	7:34	0.7	5:31	8:14	
25	Mon	1:46	5.3	2:28	4.9	8:21	0.2	8:47	0.8	5:31	8:15	
26	Tue	2:45	5.2	3:26	5.1	9:23	0.1	9:55	0.6	5:30	8:16	
27	Wed	3:45	5.0	4:25	5.3	10:19	0.0	10:56	0.4	5:29	8:17	
28	Thu	4:46	5.0	5:23	5.5	11:10	0.0	11:50	0.3	5:29	8:17	
29	Fri	5:44	4.9	6:14	5.7	11:58	-0.1			5:28	8:18	
30	Sat	6:37	4.9	7:00	5.8	12:41	0.1	12:43	0.0	5:28	8:19	
31	Sun	7:24	4.9	7:43	5.9	1:30	0.0	1:28	0.1	5:28	8:20	