

Atlantic Highlands, NJ - Jul 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:31	4.6	8:39	5.5	2:40	0.2	2:29	0.6	5:30	8:30	
2	Thu	9:15	4.6	9:18	5.4	3:22	0.2	3:12	0.7	5:30	8:30	
3	Fri	9:58	4.5	9:57	5.2	4:01	0.3	3:52	0.8	5:31	8:29	
4	Sat	10:42	4.4	10:36	5.0	4:38	0.3	4:31	0.9	5:32	8:29	
5	Sun	11:28	4.4	11:17	4.8	5:14	0.5	5:09	1.0	5:32	8:29	
6	Mon			12:13	4.4	5:49	0.6	5:49	1.2	5:33	8:29	
7	Tue			12:57	4.4	6:26	0.7	6:35	1.3	5:33	8:28	
8	Wed	12:43	4.5	1:38	4.5	7:08	0.8	7:32	1.4	5:34	8:28	
9	Thu	1:29	4.4	2:20	4.7	7:57	0.9	8:39	1.3	5:35	8:28	
10	Fri	2:17	4.3	3:06	4.9	8:51	0.9	9:44	1.2	5:36	8:27	
11	Sat	3:12	4.3	3:58	5.1	9:47	0.8	10:43	0.9	5:36	8:27	
12	Sun	4:15	4.3	4:56	5.4	10:42	0.6	11:39	0.5	5:37	8:26	
13	Mon	5:22	4.4	5:54	5.8	11:36	0.4			5:38	8:26	
14	Tue	6:23	4.6	6:48	6.1	12:34	0.2	12:31	0.2	5:39	8:25	
15	Wed	7:18	4.9	7:40	6.4	1:28	-0.1	1:27	0.0	5:39	8:24	
16	Thu	8:11	5.1	8:32	6.5	2:22	-0.4	2:24	-0.2	5:40	8:24	
17	Fri	9:05	5.3	9:25	6.4	3:14	-0.6	3:19	-0.2	5:41	8:23	
18	Sat	10:00	5.4	10:20	6.3	4:04	-0.7	4:13	-0.2	5:42	8:22	
19	Sun	10:58	5.4	11:16	6.0	4:52	-0.7	5:06	-0.1	5:43	8:22	
20	Mon	11:56	5.4			5:40	-0.5	6:01	0.2	5:43	8:21	
21	Tue	12:13	5.7	12:52	5.4	6:31	-0.3	7:01	0.5	5:44	8:20	
22	Wed	1:09	5.3	1:46	5.4	7:25	0.0	8:07	0.7	5:45	8:19	
23	Thu	2:03	5.0	2:38	5.4	8:22	0.2	9:12	0.8	5:46	8:19	
24	Fri	2:57	4.7	3:31	5.3	9:18	0.4	10:14	0.8	5:47	8:18	
25	Sat	3:53	4.5	4:26	5.2	10:12	0.6	11:09	0.7	5:48	8:17	
26	Sun	4:53	4.3	5:21	5.3	11:03	0.7	11:59	0.6	5:49	8:16	
27	Mon	5:50	4.4	6:12	5.3	11:51	0.7			5:50	8:15	
28	Tue	6:41	4.4	6:57	5.4	12:46	0.5	12:36	0.7	5:51	8:14	
29	Wed	7:27	4.5	7:39	5.4	1:31	0.4	1:21	0.7	5:52	8:13	
30	Thu	8:09	4.6	8:18	5.4	2:14	0.4	2:06	0.7	5:52	8:12	
31	Fri	8:50	4.7	8:55	5.4	2:55	0.3	2:49	0.7	5:53	8:11	