

Atlantic Highlands, NJ - Oct 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:06	5.4	10:20	4.8	4:06	0.5	4:38	0.5	6:53	6:37	
2	Fri	10:45	5.4	11:06	4.6	4:38	0.6	5:19	0.7	6:54	6:35	
3	Sat	11:34	5.3			5:13	0.8	6:07	0.8	6:55	6:33	
4	Sun	12:03	4.4	12:32	5.3	5:57	0.9	7:09	1.0	6:56	6:32	
5	Mon	1:07	4.3	1:36	5.3	7:00	1.1	8:24	1.0	6:57	6:30	
6	Tue	2:12	4.3	2:40	5.3	8:25	1.1	9:35	0.8	6:58	6:29	
7	Wed	3:19	4.5	3:47	5.4	9:45	0.9	10:37	0.4	6:59	6:27	
8	Thu	4:27	4.8	4:55	5.6	10:51	0.6	11:31	0.1	7:00	6:25	
9	Fri	5:32	5.2	5:56	5.8	11:50	0.2			7:01	6:24	
10	Sat	6:28	5.7	6:50	6.0	12:22	-0.3	12:46	-0.1	7:02	6:22	
11	Sun	7:18	6.1	7:40	6.1	1:11	-0.5	1:39	-0.3	7:03	6:21	
12	Mon	8:06	6.3	8:27	6.0	1:59	-0.6	2:31	-0.4	7:05	6:19	
13	Tue	8:52	6.3	9:15	5.8	2:46	-0.6	3:21	-0.4	7:06	6:18	
14	Wed	9:37	6.2	10:04	5.4	3:31	-0.4	4:08	-0.2	7:07	6:16	
15	Thu	10:24	5.9	10:55	5.1	4:13	-0.1	4:54	0.1	7:08	6:15	
16	Fri	11:13	5.6	11:49	4.7	4:55	0.3	5:41	0.4	7:09	6:13	
17	Sat			12:05	5.2	5:38	0.7	6:32	0.8	7:10	6:12	
18	Sun	12:45	4.4	12:58	5.0	6:26	1.1	7:31	1.0	7:11	6:10	
19	Mon	1:39	4.3	1:51	4.7	7:24	1.4	8:35	1.2	7:12	6:09	
20	Tue	2:33	4.2	2:44	4.6	8:32	1.5	9:35	1.1	7:13	6:07	
21	Wed	3:27	4.2	3:38	4.6	9:36	1.5	10:26	1.0	7:14	6:06	
22	Thu	4:22	4.3	4:34	4.6	10:32	1.3	11:11	0.8	7:15	6:05	
23	Fri	5:15	4.6	5:26	4.7	11:21	1.1	11:52	0.6	7:16	6:03	
24	Sat	6:02	4.9	6:12	4.9			12:06	0.8	7:18	6:02	
25	Sun	6:43	5.1	6:53	5.0	12:31	0.4	12:50	0.6	7:19	6:00	
26	Mon	7:20	5.4	7:31	5.0	1:09	0.3	1:33	0.4	7:20	5:59	
27	Tue	7:54	5.6	8:07	5.0	1:47	0.2	2:16	0.2	7:21	5:58	
28	Wed	8:28	5.7	8:43	4.9	2:25	0.2	2:59	0.1	7:22	5:57	
29	Thu	9:02	5.7	9:21	4.8	3:02	0.3	3:41	0.1	7:23	5:55	
30	Fri	9:40	5.7	10:04	4.6	3:40	0.3	4:23	0.2	7:24	5:54	
31	Sat	10:24	5.6	10:55	4.5	4:18	0.4	5:07	0.3	7:26	5:53	