

Atlantic Highlands, NJ - Jul 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:25	5.2	1:08	4.9	6:50	0.2	7:14	0.9	5:30	8:30	
2	Sat	1:20	5.1	2:01	5.1	7:44	0.2	8:26	0.9	5:30	8:30	
3	Sun	2:16	4.9	2:55	5.4	8:43	0.2	9:36	0.7	5:31	8:30	
4	Mon	3:15	4.8	3:53	5.6	9:42	0.2	10:41	0.5	5:31	8:29	
5	Tue	4:19	4.7	4:55	5.8	10:40	0.1	11:40	0.3	5:32	8:29	
6	Wed	5:26	4.7	5:56	6.0	11:36	0.0			5:33	8:29	
7	Thu	6:28	4.8	6:51	6.1	12:37	0.1	12:31	0.0	5:33	8:28	
8	Fri	7:24	4.9	7:43	6.2	1:32	-0.1	1:26	0.0	5:34	8:28	
9	Sat	8:17	5.0	8:33	6.1	2:25	-0.2	2:21	0.1	5:35	8:28	
10	Sun	9:09	5.0	9:22	5.9	3:16	-0.3	3:13	0.2	5:35	8:27	
11	Mon	10:00	5.0	10:10	5.7	4:03	-0.2	4:01	0.3	5:36	8:27	
12	Tue	10:51	4.9	10:59	5.4	4:46	-0.1	4:47	0.5	5:37	8:26	
13	Wed	11:42	4.8	11:47	5.0	5:28	0.1	5:32	0.8	5:37	8:26	
14	Thu			12:32	4.8	6:09	0.4	6:19	1.0	5:38	8:25	
15	Fri	12:35	4.8	1:18	4.8	6:52	0.6	7:12	1.2	5:39	8:25	
16	Sat	1:22	4.5	2:03	4.8	7:37	0.8	8:11	1.4	5:40	8:24	
17	Sun	2:07	4.2	2:46	4.8	8:26	1.0	9:12	1.4	5:41	8:23	
18	Mon	2:54	4.1	3:33	4.8	9:16	1.1	10:09	1.3	5:41	8:23	
19	Tue	3:46	3.9	4:23	4.9	10:07	1.1	11:01	1.1	5:42	8:22	
20	Wed	4:45	3.9	5:16	5.0	10:55	1.0	11:50	0.9	5:43	8:21	
21	Thu	5:43	4.0	6:05	5.2	11:43	1.0			5:44	8:21	
22	Fri	6:34	4.1	6:50	5.4	12:38	0.7	12:29	0.9	5:45	8:20	
23	Sat	7:19	4.3	7:32	5.6	1:24	0.4	1:16	0.7	5:46	8:19	
24	Sun	8:01	4.5	8:13	5.7	2:10	0.2	2:04	0.6	5:47	8:18	
25	Mon	8:43	4.6	8:54	5.8	2:55	0.1	2:51	0.5	5:47	8:17	
26	Tue	9:26	4.8	9:37	5.8	3:37	-0.1	3:37	0.4	5:48	8:16	
27	Wed	10:11	4.9	10:23	5.7	4:17	-0.2	4:22	0.4	5:49	8:15	
28	Thu	10:59	5.0	11:13	5.5	4:57	-0.2	5:08	0.4	5:50	8:14	
29	Fri	11:51	5.2			5:38	-0.1	6:00	0.5	5:51	8:13	
30	Sat	12:07	5.3	12:45	5.3	6:23	0.0	7:00	0.7	5:52	8:12	
31	Sun	1:03	5.0	1:40	5.5	7:15	0.2	8:09	0.8	5:53	8:11	