

Atlantic Highlands, NJ - Aug 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:00	4.8	2:35	5.5	8:16	0.3	9:21	0.8	5:54	8:10	
2	Tue	3:00	4.6	3:34	5.6	9:20	0.4	10:27	0.6	5:55	8:09	
3	Wed	4:05	4.5	4:38	5.6	10:23	0.4	11:28	0.4	5:56	8:08	
4	Thu	5:13	4.5	5:42	5.7	11:22	0.4			5:57	8:07	
5	Fri	6:16	4.7	6:39	5.8	12:23	0.3	12:19	0.3	5:58	8:06	
6	Sat	7:11	4.9	7:30	5.9	1:16	0.1	1:13	0.3	5:59	8:05	
7	Sun	8:01	5.0	8:16	5.9	2:07	0.0	2:05	0.3	6:00	8:03	
8	Mon	8:48	5.1	9:01	5.7	2:54	-0.1	2:54	0.3	6:01	8:02	
9	Tue	9:34	5.1	9:44	5.5	3:37	-0.1	3:40	0.4	6:02	8:01	
10	Wed	10:19	5.1	10:26	5.3	4:16	0.0	4:22	0.5	6:02	8:00	
11	Thu	11:04	5.0	11:10	5.0	4:52	0.2	5:02	0.7	6:03	7:58	
12	Fri	11:48	4.9	11:54	4.7	5:27	0.4	5:44	0.9	6:04	7:57	
13	Sat			12:33	4.9	6:01	0.7	6:29	1.2	6:05	7:56	
14	Sun	12:39	4.4	1:17	4.8	6:39	1.0	7:22	1.4	6:06	7:54	
15	Mon	1:25	4.1	2:00	4.7	7:23	1.2	8:24	1.5	6:07	7:53	
16	Tue	2:13	4.0	2:45	4.7	8:18	1.3	9:27	1.4	6:08	7:52	
17	Wed	3:04	3.9	3:36	4.8	9:20	1.4	10:26	1.3	6:09	7:50	
18	Thu	4:04	3.8	4:33	4.9	10:19	1.3	11:19	1.0	6:10	7:49	
19	Fri	5:07	4.0	5:30	5.1	11:13	1.1			6:11	7:47	
20	Sat	6:04	4.2	6:21	5.4	12:08	0.7	12:04	0.9	6:12	7:46	
21	Sun	6:52	4.5	7:07	5.7	12:55	0.5	12:53	0.7	6:13	7:44	
22	Mon	7:35	4.8	7:50	5.9	1:40	0.2	1:42	0.4	6:14	7:43	
23	Tue	8:17	5.1	8:33	6.0	2:25	-0.1	2:31	0.2	6:15	7:41	
24	Wed	9:00	5.4	9:17	6.0	3:08	-0.3	3:20	0.1	6:16	7:40	
25	Thu	9:45	5.6	10:04	5.8	3:50	-0.4	4:07	0.0	6:17	7:38	
26	Fri	10:34	5.7	10:55	5.6	4:30	-0.4	4:55	0.1	6:18	7:37	
27	Sat	11:26	5.7	11:50	5.3	5:12	-0.2	5:47	0.3	6:19	7:35	
28	Sun			12:22	5.7	5:58	0.0	6:46	0.5	6:20	7:34	
29	Mon	12:49	5.0	1:19	5.6	6:51	0.3	7:54	0.8	6:21	7:32	
30	Tue	1:48	4.7	2:18	5.5	7:54	0.6	9:07	0.8	6:22	7:30	
31	Wed	2:50	4.5	3:19	5.4	9:05	0.7	10:15	0.8	6:23	7:29	