

Atlantic Highlands, NJ - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:56	4.8	6:21	4.2			12:22	-0.2	6:28	5:47	
2	Thu	6:37	5.0	7:00	4.5	12:28	-0.1	1:04	-0.5	6:27	5:48	
3	Fri	7:16	5.2	7:38	4.8	1:14	-0.3	1:45	-0.7	6:25	5:49	
4	Sat	7:56	5.2	8:18	5.0	1:59	-0.5	2:24	-0.8	6:24	5:51	
5	Sun	8:38	5.1	9:00	5.2	2:44	-0.6	3:03	-0.8	6:22	5:52	
6	Mon	9:23	4.9	9:46	5.2	3:28	-0.6	3:41	-0.7	6:21	5:53	
7	Tue	10:14	4.7	10:37	5.2	4:14	-0.4	4:22	-0.5	6:19	5:54	
8	Wed	11:10	4.4	11:35	5.0	5:06	-0.2	5:08	-0.2	6:18	5:55	
9	Thu			12:11	4.1	6:08	0.1	6:07	0.1	6:16	5:56	
10	Fri	12:35	4.9	1:13	3.9	7:23	0.3	7:21	0.3	6:14	5:57	
11	Sat	1:39	4.7	2:19	3.9	8:37	0.3	8:38	0.4	6:13	5:58	
12	Sun	3:47	4.7	4:30	3.9	10:44	0.2	10:46	0.2	7:11	6:59	
13	Mon	4:58	4.7	5:38	4.2	11:42	-0.1	11:46	0.0	7:10	7:00	
14	Tue	6:02	4.9	6:34	4.5			12:33	-0.3	7:08	7:01	
15	Wed	6:54	5.1	7:22	4.8	12:40	-0.2	1:20	-0.5	7:06	7:02	
16	Thu	7:40	5.1	8:06	5.1	1:30	-0.3	2:04	-0.5	7:05	7:04	
17	Fri	8:21	5.1	8:46	5.2	2:17	-0.4	2:45	-0.6	7:03	7:05	
18	Sat	9:01	5.0	9:25	5.2	3:01	-0.4	3:23	-0.5	7:01	7:06	
19	Sun	9:40	4.8	10:03	5.1	3:42	-0.4	3:57	-0.3	7:00	7:07	
20	Mon	10:19	4.5	10:41	4.9	4:20	-0.2	4:30	-0.1	6:58	7:08	
21	Tue	10:59	4.2	11:20	4.7	4:57	0.0	5:00	0.2	6:56	7:09	
22	Wed	11:42	3.9			5:34	0.3	5:31	0.5	6:55	7:10	
23	Thu	12:01	4.5	12:29	3.7	6:15	0.6	6:05	0.8	6:53	7:11	
24	Fri	12:47	4.3	1:19	3.5	7:06	0.8	6:51	1.1	6:52	7:12	
25	Sat	1:35	4.1	2:11	3.4	8:12	1.0	8:03	1.3	6:50	7:13	
26	Sun	2:28	4.1	3:08	3.4	9:21	1.0	9:23	1.3	6:48	7:14	
27	Mon	3:27	4.1	4:10	3.5	10:22	0.8	10:28	1.0	6:47	7:15	
28	Tue	4:31	4.3	5:12	3.8	11:14	0.5	11:23	0.7	6:45	7:16	
29	Wed	5:31	4.5	6:04	4.2			12:00	0.2	6:43	7:17	
30	Thu	6:22	4.9	6:48	4.7	12:14	0.3	12:44	-0.1	6:42	7:18	
31	Fri	7:07	5.1	7:29	5.1	1:02	0.0	1:27	-0.4	6:40	7:19	