

Atlantic Highlands, NJ - Jan 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:32	4.4	1:56	3.9	8:20	0.7	8:20	0.2	7:19	4:40	
2	Tue	2:32	4.6	3:02	3.8	9:26	0.4	9:20	0.0	7:19	4:41	
3	Wed	3:32	4.9	4:08	3.9	10:26	0.1	10:20	-0.2	7:19	4:41	
4	Thu	4:38	5.3	5:14	4.2	11:26	-0.3	11:14	-0.5	7:19	4:42	
5	Fri	5:38	5.6	6:08	4.4			12:20	-0.6	7:19	4:43	
6	Sat	6:32	5.9	7:02	4.6	12:14	-0.7	1:14	-0.9	7:19	4:44	
7	Sun	7:26	6.0	7:56	4.8	1:08	-0.8	2:08	-1.1	7:18	4:45	
8	Mon	8:14	5.9	8:50	4.8	2:08	-0.9	2:56	-1.2	7:18	4:46	
9	Tue	9:08	5.7	9:50	4.8	3:02	-0.8	3:44	-1.1	7:18	4:47	
10	Wed	10:02	5.4	10:44	4.8	3:50	-0.6	4:32	-0.9	7:18	4:48	
11	Thu	10:56	5.0	11:38	4.7	4:44	-0.4	5:20	-0.7	7:18	4:49	
12	Fri	11:50	4.6			5:38	0.0	6:08	-0.3	7:17	4:50	
13	Sat	12:32	4.6	12:44	4.2	6:38	0.3	7:02	0.0	7:17	4:51	
14	Sun	1:20	4.5	1:32	3.9	7:44	0.5	7:56	0.2	7:17	4:52	
15	Mon	2:08	4.4	2:26	3.6	8:44	0.5	8:50	0.3	7:16	4:54	
16	Tue	3:02	4.4	3:26	3.4	9:44	0.5	9:44	0.4	7:16	4:55	
17	Wed	3:56	4.4	4:26	3.4	10:32	0.4	10:32	0.4	7:15	4:56	
18	Thu	4:50	4.5	5:20	3.5	11:20	0.2	11:14	0.3	7:15	4:57	
19	Fri	5:38	4.6	6:02	3.7			12:08	0.1	7:14	4:58	
20	Sat	6:20	4.7	6:44	3.8	12:02	0.2	12:50	-0.1	7:14	4:59	
21	Sun	7:02	4.8	7:26	3.9	12:44	0.2	1:32	-0.2	7:13	5:00	
22	Mon	7:38	4.8	8:02	3.9	1:26	0.1	2:08	-0.3	7:13	5:02	
23	Tue	8:14	4.8	8:38	4.0	2:08	0.1	2:44	-0.3	7:12	5:03	
24	Wed	8:50	4.7	9:14	4.0	2:50	0.1	3:20	-0.3	7:11	5:04	
25	Thu	9:20	4.5	9:50	4.0	3:20	0.1	3:50	-0.3	7:11	5:05	
26	Fri	9:56	4.4	10:32	4.1	3:56	0.2	4:20	-0.2	7:10	5:06	
27	Sat	10:44	4.2	11:14	4.2	4:38	0.3	4:56	-0.1	7:09	5:08	
28	Sun	11:32	4.0			5:26	0.4	5:38	0.0	7:08	5:09	
29	Mon	12:02	4.4	12:26	3.8	6:26	0.5	6:32	0.1	7:07	5:10	
30	Tue	12:56	4.5	1:26	3.7	7:50	0.5	7:38	0.1	7:06	5:11	
31	Wed	1:56	4.6	2:32	3.6	9:02	0.3	8:56	0.0	7:05	5:12	