

Atlantic Highlands, NJ - Jan 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:08	4.8	5:58	0.0	6:33	-0.4	7:19	4:40	
2	Thu	12:51	4.8	1:03	4.4	7:05	0.2	7:32	-0.2	7:19	4:41	
3	Fri	1:45	4.8	1:59	4.1	8:13	0.3	8:30	-0.1	7:19	4:42	
4	Sat	2:40	4.8	2:58	3.9	9:17	0.3	9:26	0.0	7:19	4:43	
5	Sun	3:38	4.8	4:01	3.7	10:15	0.2	10:17	0.1	7:19	4:44	
6	Mon	4:35	4.8	5:00	3.7	11:07	0.1	11:06	0.1	7:19	4:45	
7	Tue	5:26	4.9	5:52	3.8	11:55	0.0	11:53	0.1	7:18	4:46	
8	Wed	6:12	4.9	6:37	3.9			12:41	-0.1	7:18	4:47	
9	Thu	6:54	5.0	7:19	4.0	12:38	0.1	1:25	-0.2	7:18	4:48	
10	Fri	7:34	4.9	8:00	4.0	1:23	0.1	2:06	-0.2	7:18	4:49	
11	Sat	8:13	4.8	8:40	4.0	2:05	0.1	2:44	-0.3	7:18	4:50	
12	Sun	8:50	4.7	9:20	3.9	2:45	0.1	3:19	-0.2	7:17	4:51	
13	Mon	9:28	4.5	10:00	3.9	3:22	0.2	3:53	-0.1	7:17	4:52	
14	Tue	10:05	4.3	10:39	3.9	3:57	0.4	4:24	0.0	7:16	4:53	
15	Wed	10:44	4.0	11:19	3.9	4:33	0.6	4:56	0.1	7:16	4:54	
16	Thu	11:26	3.8			5:14	0.7	5:31	0.2	7:16	4:55	
17	Fri	12:00	4.0	12:12	3.7	6:06	0.8	6:14	0.4	7:15	4:57	
18	Sat	12:43	4.1	1:02	3.5	7:16	0.9	7:11	0.4	7:15	4:58	
19	Sun	1:31	4.2	1:59	3.4	8:29	0.7	8:16	0.4	7:14	4:59	
20	Mon	2:27	4.4	3:06	3.4	9:35	0.5	9:21	0.2	7:13	5:00	
21	Tue	3:33	4.6	4:16	3.6	10:34	0.1	10:22	0.0	7:13	5:01	
22	Wed	4:40	5.0	5:19	3.9	11:29	-0.2	11:19	-0.4	7:12	5:02	
23	Thu	5:38	5.4	6:13	4.3			12:22	-0.6	7:11	5:04	
24	Fri	6:31	5.7	7:05	4.6	12:16	-0.7	1:14	-0.9	7:11	5:05	
25	Sat	7:22	5.8	7:56	4.9	1:12	-0.9	2:03	-1.2	7:10	5:06	
26	Sun	8:12	5.8	8:47	5.0	2:06	-1.1	2:51	-1.3	7:09	5:07	
27	Mon	9:03	5.6	9:40	5.1	2:58	-1.1	3:36	-1.3	7:08	5:08	
28	Tue	9:55	5.3	10:34	5.1	3:49	-0.9	4:21	-1.1	7:07	5:10	
29	Wed	10:49	4.9	11:28	5.0	4:40	-0.6	5:07	-0.8	7:07	5:11	
30	Thu	11:44	4.5			5:35	-0.3	5:58	-0.5	7:06	5:12	
31	Fri	12:22	4.8	12:38	4.1	6:38	0.1	6:54	-0.1	7:05	5:13	