

Atlantic Highlands, NJ - Jul 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:53	5.2			5:40	-0.3	5:59	0.4	5:30	8:30	
2	Tue	12:08	5.4	12:49	5.4	6:28	-0.2	7:01	0.6	5:30	8:30	
3	Wed	1:05	5.2	1:44	5.5	7:23	0.0	8:09	0.7	5:31	8:30	
4	Thu	2:02	5.0	2:39	5.6	8:22	0.1	9:19	0.6	5:31	8:29	
5	Fri	3:00	4.8	3:36	5.6	9:24	0.2	10:23	0.5	5:32	8:29	
6	Sat	4:02	4.6	4:38	5.6	10:24	0.2	11:22	0.3	5:33	8:29	
7	Sun	5:08	4.6	5:38	5.7	11:20	0.2			5:33	8:28	
8	Mon	6:09	4.7	6:33	5.8	12:17	0.2	12:14	0.2	5:34	8:28	
9	Tue	7:04	4.8	7:23	5.9	1:09	0.0	1:06	0.2	5:35	8:28	
10	Wed	7:53	4.9	8:08	5.8	1:59	-0.1	1:56	0.2	5:35	8:27	
11	Thu	8:40	5.0	8:52	5.7	2:46	-0.1	2:45	0.3	5:36	8:27	
12	Fri	9:26	5.0	9:34	5.5	3:30	-0.1	3:30	0.4	5:37	8:26	
13	Sat	10:11	4.9	10:17	5.3	4:09	0.0	4:12	0.5	5:37	8:26	
14	Sun	10:56	4.9	10:59	5.0	4:46	0.1	4:52	0.7	5:38	8:25	
15	Mon	11:42	4.8	11:43	4.7	5:22	0.3	5:33	0.9	5:39	8:25	
16	Tue			12:27	4.8	5:57	0.5	6:16	1.1	5:40	8:24	
17	Wed	12:27	4.5	1:11	4.7	6:35	0.7	7:06	1.3	5:41	8:23	
18	Thu	1:12	4.3	1:53	4.7	7:18	0.9	8:06	1.4	5:41	8:23	
19	Fri	1:57	4.1	2:37	4.8	8:09	1.1	9:09	1.4	5:42	8:22	
20	Sat	2:45	4.0	3:24	4.8	9:07	1.1	10:08	1.2	5:43	8:21	
21	Sun	3:41	3.9	4:18	5.0	10:04	1.1	11:03	1.0	5:44	8:21	
22	Mon	4:43	4.0	5:14	5.2	10:58	0.9	11:54	0.7	5:45	8:20	
23	Tue	5:43	4.2	6:07	5.5	11:50	0.7			5:46	8:19	
24	Wed	6:36	4.5	6:55	5.8	12:43	0.4	12:40	0.5	5:47	8:18	
25	Thu	7:24	4.8	7:41	6.0	1:31	0.0	1:32	0.2	5:47	8:17	
26	Fri	8:10	5.1	8:27	6.2	2:18	-0.2	2:24	0.0	5:48	8:16	
27	Sat	8:57	5.3	9:14	6.2	3:05	-0.5	3:15	-0.1	5:49	8:15	
28	Sun	9:45	5.5	10:03	6.0	3:49	-0.6	4:04	-0.1	5:50	8:14	
29	Mon	10:37	5.6	10:56	5.8	4:33	-0.6	4:54	-0.1	5:51	8:13	
30	Tue	11:32	5.7	11:52	5.5	5:18	-0.5	5:47	0.1	5:52	8:12	
31	Wed			12:28	5.7	6:05	-0.3	6:46	0.4	5:53	8:11	