

Atlantic Highlands, NJ - Jan 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:57	5.2	11:38	4.9	4:43	-0.5	5:21	-0.8	7:19	4:40	
2	Sun	11:53	4.9			5:40	-0.2	6:16	-0.5	7:19	4:41	
3	Mon	12:33	4.8	12:47	4.5	6:43	0.1	7:14	-0.2	7:19	4:42	
4	Tue	1:26	4.7	1:41	4.2	7:48	0.3	8:12	0.0	7:19	4:43	
5	Wed	2:19	4.6	2:36	4.0	8:51	0.4	9:07	0.1	7:19	4:44	
6	Thu	3:14	4.6	3:34	3.8	9:47	0.3	9:57	0.1	7:18	4:45	
7	Fri	4:09	4.6	4:31	3.8	10:37	0.2	10:43	0.1	7:18	4:46	
8	Sat	5:00	4.7	5:22	3.9	11:24	0.0	11:28	0.0	7:18	4:47	
9	Sun	5:46	4.8	6:08	4.0			12:08	-0.1	7:18	4:48	
10	Mon	6:27	4.9	6:49	4.1	12:11	0.0	12:51	-0.2	7:18	4:49	
11	Tue	7:06	5.0	7:29	4.2	12:54	-0.1	1:32	-0.3	7:17	4:50	
12	Wed	7:43	4.9	8:07	4.2	1:36	-0.1	2:12	-0.4	7:17	4:51	
13	Thu	8:19	4.8	8:44	4.1	2:16	-0.1	2:49	-0.4	7:17	4:52	
14	Fri	8:54	4.7	9:20	4.1	2:54	0.0	3:23	-0.4	7:16	4:53	
15	Sat	9:28	4.5	9:56	4.1	3:29	0.1	3:56	-0.3	7:16	4:54	
16	Sun	10:05	4.4	10:36	4.1	4:04	0.2	4:29	-0.2	7:16	4:56	
17	Mon	10:48	4.2	11:21	4.1	4:41	0.3	5:04	-0.1	7:15	4:57	
18	Tue	11:38	4.1			5:28	0.5	5:48	0.0	7:15	4:58	
19	Wed	12:10	4.3	12:32	4.0	6:32	0.5	6:46	0.1	7:14	4:59	
20	Thu	1:04	4.4	1:31	3.9	7:49	0.5	7:55	0.0	7:13	5:00	
21	Fri	2:03	4.6	2:36	3.9	9:01	0.3	9:03	-0.2	7:13	5:01	
22	Sat	3:09	4.8	3:47	4.1	10:04	-0.1	10:05	-0.4	7:12	5:03	
23	Sun	4:17	5.1	4:53	4.4	11:02	-0.5	11:04	-0.7	7:11	5:04	
24	Mon	5:19	5.5	5:52	4.7	11:57	-0.9			7:11	5:05	
25	Tue	6:14	5.8	6:46	5.0	12:01	-1.0	12:51	-1.2	7:10	5:06	
26	Wed	7:06	5.9	7:38	5.3	12:57	-1.2	1:43	-1.4	7:09	5:07	
27	Thu	7:57	5.9	8:30	5.3	1:52	-1.3	2:32	-1.5	7:08	5:09	
28	Fri	8:48	5.7	9:22	5.3	2:44	-1.3	3:19	-1.4	7:07	5:10	
29	Sat	9:39	5.4	10:15	5.1	3:33	-1.1	4:05	-1.2	7:07	5:11	
30	Sun	10:32	5.0	11:09	4.9	4:22	-0.8	4:51	-0.9	7:06	5:12	
31	Mon	11:25	4.6			5:13	-0.4	5:39	-0.5	7:05	5:13	