

Atlantic Highlands, NJ - Jul 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:46	4.4	2:21	4.8	8:05	0.7	8:58	1.3	5:30	8:30	
2	Sat	2:37	4.4	3:10	5.0	9:02	0.7	10:02	1.0	5:30	8:30	
3	Sun	3:34	4.4	4:07	5.3	10:01	0.6	11:01	0.7	5:31	8:29	
4	Mon	4:39	4.5	5:08	5.6	10:57	0.3	11:56	0.3	5:32	8:29	
5	Tue	5:43	4.7	6:06	5.9	11:52	0.1			5:32	8:29	
6	Wed	6:41	5.0	7:00	6.3	12:49	0.0	12:47	-0.1	5:33	8:29	
7	Thu	7:35	5.2	7:52	6.5	1:43	-0.4	1:43	-0.3	5:33	8:28	
8	Fri	8:28	5.5	8:44	6.5	2:36	-0.6	2:39	-0.4	5:34	8:28	
9	Sat	9:22	5.6	9:37	6.4	3:27	-0.8	3:33	-0.5	5:35	8:28	
10	Sun	10:17	5.7	10:31	6.2	4:16	-0.8	4:26	-0.4	5:35	8:27	
11	Mon	11:14	5.7	11:28	5.9	5:05	-0.8	5:19	-0.2	5:36	8:27	
12	Tue			12:12	5.6	5:54	-0.5	6:14	0.1	5:37	8:26	
13	Wed	12:25	5.5	1:07	5.6	6:47	-0.3	7:15	0.4	5:38	8:26	
14	Thu	1:21	5.2	2:01	5.5	7:43	0.0	8:19	0.6	5:38	8:25	
15	Fri	2:15	4.9	2:53	5.4	8:41	0.3	9:23	0.7	5:39	8:25	
16	Sat	3:09	4.6	3:47	5.3	9:38	0.5	10:23	0.7	5:40	8:24	
17	Sun	4:06	4.4	4:42	5.3	10:31	0.6	11:16	0.6	5:41	8:23	
18	Mon	5:05	4.4	5:36	5.3	11:21	0.6			5:42	8:23	
19	Tue	6:01	4.4	6:25	5.4	12:04	0.5	12:07	0.6	5:43	8:22	
20	Wed	6:49	4.5	7:09	5.5	12:50	0.4	12:52	0.6	5:43	8:21	
21	Thu	7:33	4.6	7:49	5.5	1:34	0.3	1:37	0.6	5:44	8:20	
22	Fri	8:15	4.7	8:28	5.5	2:17	0.2	2:20	0.6	5:45	8:20	
23	Sat	8:55	4.8	9:06	5.4	2:57	0.2	3:02	0.6	5:46	8:19	
24	Sun	9:33	4.7	9:42	5.3	3:35	0.2	3:42	0.6	5:47	8:18	
25	Mon	10:12	4.7	10:18	5.1	4:11	0.2	4:20	0.7	5:48	8:17	
26	Tue	10:49	4.7	10:55	4.9	4:44	0.3	4:56	0.9	5:49	8:16	
27	Wed	11:28	4.7	11:35	4.7	5:17	0.4	5:32	1.0	5:50	8:15	
28	Thu			12:09	4.7	5:50	0.5	6:14	1.1	5:50	8:14	
29	Fri	12:21	4.6	12:53	4.8	6:28	0.6	7:09	1.2	5:51	8:13	
30	Sat	1:11	4.5	1:41	5.0	7:16	0.7	8:19	1.2	5:52	8:12	
31	Sun	2:05	4.4	2:34	5.2	8:19	0.7	9:30	1.0	5:53	8:11	