

Atlantic Highlands, NJ - Jan 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:40	5.2	8:04	4.3	1:32	-0.2	2:10	-0.4	7:19	4:40	●
2	Mon	8:19	5.1	8:46	4.2	2:13	-0.1	2:49	-0.4	7:19	4:41	●
3	Tue	8:59	4.9	9:28	4.1	2:53	0.0	3:25	-0.3	7:19	4:42	●
4	Wed	9:39	4.6	10:10	4.0	3:30	0.2	4:01	-0.2	7:19	4:43	●
5	Thu	10:20	4.4	10:54	3.9	4:07	0.4	4:36	0.0	7:19	4:44	◐
6	Fri	11:02	4.2	11:38	3.9	4:45	0.6	5:13	0.1	7:19	4:45	◑
7	Sat	11:47	4.0			5:29	0.7	5:55	0.3	7:18	4:46	◑
8	Sun	12:21	3.9	12:33	3.8	6:26	0.9	6:46	0.4	7:18	4:47	◑
9	Mon	1:05	4.0	1:22	3.7	7:35	0.9	7:44	0.4	7:18	4:48	◑
10	Tue	1:53	4.2	2:17	3.7	8:42	0.7	8:44	0.3	7:18	4:49	◑
11	Wed	2:48	4.4	3:19	3.8	9:42	0.4	9:40	0.0	7:18	4:50	◑
12	Thu	3:48	4.7	4:23	4.0	10:37	0.0	10:34	-0.2	7:17	4:51	◑
13	Fri	4:47	5.0	5:21	4.3	11:29	-0.3	11:27	-0.5	7:17	4:52	○
14	Sat	5:40	5.4	6:13	4.6			12:20	-0.7	7:17	4:53	○
15	Sun	6:31	5.7	7:03	4.9	12:20	-0.8	1:12	-1.0	7:16	4:54	○
16	Mon	7:20	5.9	7:54	5.0	1:14	-1.0	2:02	-1.3	7:16	4:55	○
17	Tue	8:10	5.9	8:46	5.1	2:07	-1.1	2:50	-1.4	7:15	4:56	○
18	Wed	9:02	5.8	9:40	5.2	2:59	-1.2	3:38	-1.4	7:15	4:58	○
19	Thu	9:56	5.5	10:37	5.1	3:50	-1.0	4:25	-1.2	7:14	4:59	○
20	Fri	10:53	5.2	11:34	5.0	4:42	-0.7	5:16	-0.9	7:14	5:00	○
21	Sat	11:50	4.8			5:40	-0.4	6:11	-0.6	7:13	5:01	○
22	Sun	12:30	4.9	12:46	4.5	6:44	-0.1	7:11	-0.3	7:12	5:02	○
23	Mon	1:25	4.8	1:43	4.2	7:51	0.1	8:13	-0.1	7:12	5:03	◐
24	Tue	2:21	4.7	2:41	3.9	8:56	0.1	9:12	-0.1	7:11	5:05	◑
25	Wed	3:19	4.6	3:43	3.8	9:55	0.1	10:06	0.0	7:10	5:06	◑
26	Thu	4:18	4.6	4:43	3.9	10:47	-0.1	10:55	-0.1	7:09	5:07	◑
27	Fri	5:11	4.7	5:35	4.0	11:35	-0.2	11:42	-0.1	7:08	5:08	◑
28	Sat	5:57	4.8	6:20	4.1			12:20	-0.3	7:08	5:09	◑
29	Sun	6:39	4.9	7:02	4.2	12:26	-0.2	1:03	-0.4	7:07	5:11	◑
30	Mon	7:19	4.9	7:41	4.3	1:10	-0.2	1:43	-0.5	7:06	5:12	●
31	Tue	7:56	4.9	8:19	4.3	1:51	-0.2	2:22	-0.5	7:05	5:13	●