

Atlantic Highlands, NJ - Aug 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:20	5.5	1:02	5.7	6:39	-0.2	7:13	0.4	5:54	8:10	
2	Wed	1:17	5.2	1:57	5.6	7:37	0.1	8:20	0.6	5:55	8:09	
3	Thu	2:14	4.9	2:52	5.6	8:39	0.3	9:26	0.6	5:56	8:08	
4	Fri	3:11	4.7	3:49	5.5	9:40	0.4	10:27	0.6	5:57	8:07	
5	Sat	4:12	4.6	4:47	5.4	10:37	0.5	11:22	0.5	5:58	8:06	
6	Sun	5:14	4.5	5:44	5.5	11:30	0.5			5:59	8:04	
7	Mon	6:11	4.6	6:34	5.6	12:13	0.4	12:19	0.5	6:00	8:03	
8	Tue	7:00	4.8	7:19	5.6	12:59	0.3	1:06	0.5	6:01	8:02	
9	Wed	7:44	4.9	8:00	5.6	1:44	0.2	1:51	0.5	6:02	8:01	
10	Thu	8:25	5.0	8:40	5.6	2:26	0.1	2:35	0.5	6:03	7:59	
11	Fri	9:05	5.0	9:18	5.4	3:06	0.1	3:17	0.5	6:04	7:58	
12	Sat	9:44	5.0	9:56	5.2	3:43	0.2	3:56	0.6	6:05	7:57	
13	Sun	10:23	4.9	10:35	5.0	4:17	0.2	4:33	0.7	6:06	7:56	
14	Mon	11:01	4.8	11:14	4.8	4:51	0.4	5:10	0.9	6:06	7:54	
15	Tue	11:41	4.8	11:56	4.6	5:23	0.6	5:47	1.1	6:07	7:53	
16	Wed			12:21	4.7	5:56	0.7	6:31	1.3	6:08	7:51	
17	Thu	12:41	4.4	1:04	4.8	6:35	0.9	7:28	1.4	6:09	7:50	
18	Fri	1:29	4.3	1:51	4.8	7:26	1.0	8:37	1.3	6:10	7:49	
19	Sat	2:21	4.2	2:42	5.0	8:31	1.0	9:44	1.2	6:11	7:47	
20	Sun	3:19	4.3	3:41	5.2	9:38	0.9	10:44	0.9	6:12	7:46	
21	Mon	4:24	4.4	4:46	5.4	10:40	0.7	11:38	0.5	6:13	7:44	
22	Tue	5:28	4.7	5:48	5.8	11:38	0.3			6:14	7:43	
23	Wed	6:25	5.1	6:43	6.1	12:30	0.1	12:33	0.0	6:15	7:41	
24	Thu	7:18	5.6	7:34	6.4	1:21	-0.3	1:28	-0.3	6:16	7:40	
25	Fri	8:08	5.9	8:25	6.4	2:11	-0.6	2:23	-0.5	6:17	7:38	
26	Sat	8:58	6.1	9:15	6.4	3:01	-0.7	3:17	-0.6	6:18	7:37	
27	Sun	9:50	6.2	10:08	6.1	3:48	-0.8	4:09	-0.5	6:19	7:35	
28	Mon	10:44	6.2	11:03	5.8	4:35	-0.7	5:00	-0.3	6:20	7:34	
29	Tue	11:40	6.0			5:23	-0.4	5:53	0.0	6:21	7:32	
30	Wed	12:00	5.5	12:37	5.8	6:14	-0.1	6:52	0.3	6:22	7:30	
31	Thu	12:59	5.1	1:33	5.6	7:10	0.3	7:56	0.6	6:23	7:29	