

Atlantic Highlands, NJ - Jan 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:59	4.4	4:25	3.8	10:35	0.4	10:32	0.1	7:19	4:40	
2	Tue	4:48	4.7	5:16	4.0	11:22	0.1	11:17	-0.1	7:19	4:41	
3	Wed	5:33	4.9	6:02	4.2			12:08	-0.2	7:19	4:42	
4	Thu	6:15	5.2	6:46	4.3	12:03	-0.2	12:55	-0.4	7:19	4:43	
5	Fri	6:56	5.4	7:29	4.5	12:50	-0.4	1:41	-0.6	7:19	4:44	
6	Sat	7:38	5.5	8:14	4.6	1:37	-0.5	2:26	-0.8	7:19	4:45	
7	Sun	8:23	5.5	9:01	4.6	2:24	-0.6	3:09	-0.9	7:18	4:45	
8	Mon	9:11	5.4	9:53	4.7	3:11	-0.6	3:53	-0.9	7:18	4:46	
9	Tue	10:03	5.3	10:49	4.7	3:59	-0.5	4:38	-0.8	7:18	4:47	
10	Wed	11:00	5.0	11:46	4.8	4:50	-0.4	5:29	-0.6	7:18	4:48	
11	Thu	11:59	4.8			5:50	-0.1	6:26	-0.5	7:18	4:50	
12	Fri	12:43	4.8	12:57	4.5	6:59	0.0	7:29	-0.3	7:17	4:51	
13	Sat	1:40	4.9	1:56	4.3	8:09	0.0	8:32	-0.3	7:17	4:52	
14	Sun	2:39	4.9	3:00	4.2	9:16	-0.1	9:31	-0.4	7:17	4:53	
15	Mon	3:41	5.0	4:05	4.2	10:16	-0.2	10:27	-0.4	7:16	4:54	
16	Tue	4:41	5.1	5:06	4.2	11:10	-0.4	11:19	-0.5	7:16	4:55	
17	Wed	5:35	5.2	6:00	4.4			12:02	-0.6	7:15	4:56	
18	Thu	6:24	5.3	6:48	4.5	12:10	-0.5	12:51	-0.7	7:15	4:57	
19	Fri	7:08	5.3	7:33	4.5	12:58	-0.5	1:37	-0.7	7:14	4:58	
20	Sat	7:51	5.2	8:16	4.5	1:44	-0.4	2:20	-0.7	7:14	5:00	
21	Sun	8:33	5.1	8:59	4.4	2:28	-0.4	2:59	-0.6	7:13	5:01	
22	Mon	9:14	4.8	9:42	4.3	3:08	-0.2	3:36	-0.5	7:12	5:02	
23	Tue	9:56	4.6	10:26	4.1	3:47	0.0	4:12	-0.3	7:12	5:03	
24	Wed	10:40	4.3	11:11	4.0	4:25	0.2	4:48	-0.1	7:11	5:04	
25	Thu	11:24	4.0	11:55	4.0	5:06	0.4	5:25	0.1	7:10	5:06	
26	Fri			12:10	3.8	5:54	0.7	6:09	0.3	7:09	5:07	
27	Sat	12:38	3.9	12:56	3.6	6:54	0.8	7:02	0.4	7:09	5:08	
28	Sun	1:23	3.9	1:45	3.5	8:01	0.8	8:02	0.5	7:08	5:09	
29	Mon	2:11	4.0	2:41	3.5	9:03	0.7	9:00	0.4	7:07	5:10	
30	Tue	3:06	4.2	3:43	3.6	9:59	0.4	9:55	0.2	7:06	5:12	
31	Wed	4:06	4.4	4:42	3.8	10:51	0.1	10:47	-0.1	7:05	5:13	