

Atlantic Highlands, NJ - Mar 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:22	4.4	4:08	3.9	10:18	0.2	10:19	0.1	6:28	5:47	
2	Fri	4:27	4.8	5:06	4.3	11:10	-0.2	11:14	-0.3	6:27	5:48	
3	Sat	5:24	5.2	5:57	4.8	11:59	-0.6			6:25	5:49	
4	Sun	6:15	5.5	6:46	5.2	12:07	-0.7	12:48	-0.9	6:24	5:51	
5	Mon	7:03	5.7	7:33	5.5	1:01	-1.0	1:37	-1.2	6:22	5:52	
6	Tue	7:52	5.8	8:22	5.7	1:53	-1.2	2:24	-1.3	6:21	5:53	
7	Wed	8:41	5.7	9:13	5.7	2:44	-1.3	3:10	-1.3	6:19	5:54	
8	Thu	9:34	5.4	10:06	5.6	3:33	-1.2	3:56	-1.1	6:17	5:55	
9	Fri	10:29	5.1	11:02	5.4	4:24	-0.9	4:44	-0.8	6:16	5:56	
10	Sat	11:27	4.8			5:18	-0.5	5:37	-0.4	6:14	5:57	
11	Sun	12:00	5.2	1:26	4.5	7:20	-0.2	7:39	0.0	7:13	6:58	
12	Mon	1:57	4.9	2:25	4.2	8:28	0.1	8:47	0.3	7:11	6:59	
13	Tue	2:55	4.7	3:25	4.1	9:35	0.2	9:53	0.4	7:09	7:00	
14	Wed	3:55	4.6	4:28	4.1	10:36	0.2	10:52	0.3	7:08	7:01	
15	Thu	4:58	4.6	5:30	4.2	11:29	0.1	11:45	0.2	7:06	7:03	
16	Fri	5:54	4.7	6:22	4.4			12:16	0.0	7:05	7:04	
17	Sat	6:43	4.8	7:06	4.6	12:33	0.1	1:00	-0.1	7:03	7:05	
18	Sun	7:25	4.9	7:46	4.8	1:18	0.0	1:41	-0.2	7:01	7:06	
19	Mon	8:05	4.9	8:24	4.9	2:01	-0.1	2:20	-0.3	7:00	7:07	
20	Tue	8:42	4.9	8:59	4.9	2:42	-0.2	2:57	-0.3	6:58	7:08	
21	Wed	9:19	4.8	9:34	4.9	3:21	-0.2	3:32	-0.2	6:56	7:09	
22	Thu	9:56	4.6	10:07	4.8	3:58	-0.1	4:06	-0.1	6:55	7:10	
23	Fri	10:32	4.4	10:39	4.6	4:33	0.0	4:37	0.1	6:53	7:11	
24	Sat	11:11	4.2	11:13	4.5	5:08	0.2	5:08	0.3	6:51	7:12	
25	Sun	11:53	4.0	11:53	4.5	5:44	0.4	5:40	0.5	6:50	7:13	
26	Mon			12:40	3.9	6:25	0.6	6:20	0.7	6:48	7:14	
27	Tue	12:42	4.4	1:32	3.8	7:23	0.8	7:17	0.8	6:46	7:15	
28	Wed	1:37	4.4	2:28	3.9	8:36	0.8	8:35	0.8	6:45	7:16	
29	Thu	2:37	4.5	3:29	4.0	9:45	0.6	9:50	0.6	6:43	7:17	
30	Fri	3:44	4.7	4:35	4.3	10:44	0.3	10:54	0.2	6:42	7:18	
31	Sat	4:53	4.9	5:37	4.8	11:38	-0.1	11:53	-0.2	6:40	7:19	