

Atlantic Highlands, NJ - Jul 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:31	5.2	8:50	6.2	2:36	-0.4	2:43	-0.1	5:30	8:30	
2	Mon	9:21	5.2	9:38	6.0	3:25	-0.4	3:32	0.1	5:30	8:30	
3	Tue	10:11	5.0	10:26	5.7	4:10	-0.4	4:19	0.3	5:31	8:30	
4	Wed	11:02	4.9	11:15	5.4	4:53	-0.2	5:03	0.5	5:31	8:29	
5	Thu	11:53	4.8			5:35	0.1	5:48	0.8	5:32	8:29	
6	Fri	12:04	5.1	12:42	4.7	6:17	0.3	6:37	1.1	5:32	8:29	
7	Sat	12:52	4.8	1:29	4.7	7:02	0.6	7:32	1.3	5:33	8:29	
8	Sun	1:39	4.6	2:13	4.7	7:50	0.8	8:33	1.4	5:34	8:28	
9	Mon	2:26	4.4	2:58	4.7	8:41	0.9	9:32	1.3	5:34	8:28	
10	Tue	3:15	4.2	3:46	4.8	9:33	0.9	10:27	1.2	5:35	8:27	
11	Wed	4:08	4.2	4:37	4.9	10:23	0.8	11:17	1.0	5:36	8:27	
12	Thu	5:05	4.2	5:28	5.1	11:10	0.8			5:37	8:26	
13	Fri	5:59	4.3	6:15	5.3	12:05	0.7	11:57 AM	0.6	5:37	8:26	
14	Sat	6:47	4.5	6:58	5.5	12:51	0.5	12:43	0.5	5:38	8:25	
15	Sun	7:31	4.6	7:39	5.7	1:37	0.3	1:30	0.4	5:39	8:25	
16	Mon	8:14	4.8	8:19	5.8	2:23	0.1	2:17	0.3	5:40	8:24	
17	Tue	8:57	4.9	9:01	5.9	3:07	-0.1	3:04	0.2	5:40	8:24	
18	Wed	9:41	5.0	9:46	5.8	3:50	-0.2	3:50	0.1	5:41	8:23	
19	Thu	10:30	5.1	10:35	5.7	4:31	-0.3	4:36	0.2	5:42	8:22	
20	Fri	11:22	5.2	11:28	5.5	5:14	-0.2	5:25	0.2	5:43	8:21	
21	Sat			12:16	5.3	5:59	-0.1	6:19	0.4	5:44	8:21	
22	Sun	12:25	5.3	1:12	5.4	6:50	0.0	7:23	0.5	5:45	8:20	
23	Mon	1:23	5.1	2:07	5.5	7:49	0.1	8:32	0.6	5:46	8:19	
24	Tue	2:21	4.9	3:03	5.6	8:52	0.2	9:40	0.5	5:46	8:18	
25	Wed	3:22	4.8	4:03	5.7	9:54	0.2	10:43	0.4	5:47	8:17	
26	Thu	4:27	4.7	5:05	5.8	10:53	0.2	11:40	0.2	5:48	8:16	
27	Fri	5:32	4.8	6:04	5.9	11:48	0.1			5:49	8:16	
28	Sat	6:31	4.9	6:57	6.0	12:34	0.0	12:42	0.1	5:50	8:15	
29	Sun	7:24	5.1	7:45	6.0	1:26	-0.1	1:33	0.1	5:51	8:14	
30	Mon	8:12	5.2	8:30	6.0	2:15	-0.2	2:23	0.1	5:52	8:13	
31	Tue	8:58	5.2	9:15	5.8	3:01	-0.2	3:11	0.2	5:53	8:12	