

Atlantic Highlands, NJ - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:30	5.6	6:10	-0.4	6:40	0.3	5:54	8:10	
2	Mon	12:49	5.4	1:25	5.5	7:02	-0.1	7:44	0.6	5:55	8:09	
3	Tue	1:44	5.1	2:18	5.4	7:59	0.2	8:51	0.7	5:56	8:08	
4	Wed	2:39	4.8	3:12	5.3	8:58	0.5	9:55	0.8	5:57	8:07	
5	Thu	3:35	4.5	4:07	5.3	9:55	0.6	10:53	0.7	5:58	8:06	
6	Fri	4:35	4.4	5:05	5.2	10:49	0.7	11:45	0.6	5:59	8:04	
7	Sat	5:35	4.4	5:58	5.3	11:38	0.7			6:00	8:03	
8	Sun	6:28	4.5	6:45	5.4	12:32	0.5	12:25	0.7	6:01	8:02	
9	Mon	7:14	4.6	7:28	5.4	1:17	0.4	1:11	0.7	6:02	8:01	
10	Tue	7:57	4.7	8:07	5.5	2:01	0.4	1:55	0.6	6:03	7:59	
11	Wed	8:38	4.8	8:45	5.4	2:42	0.3	2:39	0.6	6:04	7:58	
12	Thu	9:17	4.8	9:21	5.3	3:20	0.3	3:20	0.6	6:05	7:57	
13	Fri	9:56	4.8	9:56	5.1	3:56	0.3	3:58	0.7	6:06	7:55	
14	Sat	10:35	4.8	10:31	4.9	4:29	0.4	4:35	0.8	6:07	7:54	
15	Sun	11:13	4.7	11:07	4.7	5:00	0.5	5:11	0.9	6:07	7:53	
16	Mon	11:52	4.7	11:47	4.6	5:30	0.6	5:50	1.1	6:08	7:51	
17	Tue			12:33	4.8	6:01	0.8	6:35	1.2	6:09	7:50	
18	Wed	12:34	4.4	1:17	4.9	6:39	0.9	7:36	1.3	6:10	7:49	
19	Thu	1:26	4.3	2:06	5.0	7:33	1.0	8:49	1.2	6:11	7:47	
20	Fri	2:23	4.2	3:01	5.2	8:43	1.0	9:57	1.0	6:12	7:46	
21	Sat	3:27	4.2	4:05	5.4	9:54	0.9	10:59	0.7	6:13	7:44	
22	Sun	4:38	4.4	5:12	5.7	10:59	0.6	11:55	0.3	6:14	7:43	
23	Mon	5:45	4.7	6:13	6.0	11:58	0.3			6:15	7:41	
24	Tue	6:44	5.1	7:08	6.3	12:49	-0.1	12:55	0.0	6:16	7:40	
25	Wed	7:37	5.5	8:00	6.5	1:41	-0.4	1:52	-0.3	6:17	7:38	
26	Thu	8:29	5.8	8:50	6.5	2:32	-0.7	2:48	-0.4	6:18	7:37	
27	Fri	9:20	6.0	9:42	6.3	3:21	-0.8	3:41	-0.4	6:19	7:35	
28	Sat	10:13	6.0	10:34	6.0	4:08	-0.8	4:32	-0.3	6:20	7:33	
29	Sun	11:07	5.9	11:29	5.7	4:54	-0.6	5:23	-0.1	6:21	7:32	
30	Mon			12:02	5.8	5:41	-0.3	6:18	0.3	6:22	7:30	
31	Tue	12:25	5.3	12:57	5.6	6:30	0.1	7:18	0.6	6:23	7:29	