

Atlantic Highlands, NJ - Jan 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:35	4.8			5:18	0.3	6:00	-0.2	7:18	4:40	
2	Mon	12:16	4.4	12:33	4.6	6:26	0.4	6:59	-0.2	7:19	4:41	
3	Tue	1:12	4.6	1:31	4.4	7:41	0.4	8:00	-0.2	7:19	4:42	
4	Wed	2:09	4.8	2:32	4.2	8:52	0.2	9:01	-0.3	7:19	4:42	
5	Thu	3:11	5.0	3:39	4.2	9:56	0.0	9:58	-0.4	7:19	4:43	
6	Fri	4:14	5.2	4:44	4.2	10:55	-0.3	10:53	-0.5	7:19	4:44	
7	Sat	5:13	5.4	5:43	4.4	11:50	-0.5	11:47	-0.6	7:18	4:45	
8	Sun	6:06	5.5	6:36	4.5			12:43	-0.7	7:18	4:46	
9	Mon	6:56	5.6	7:26	4.5	12:40	-0.6	1:35	-0.8	7:18	4:47	
10	Tue	7:43	5.5	8:15	4.5	1:32	-0.5	2:23	-0.8	7:18	4:48	
11	Wed	8:29	5.3	9:04	4.4	2:21	-0.4	3:07	-0.7	7:18	4:49	
12	Thu	9:15	5.0	9:53	4.3	3:06	-0.3	3:49	-0.6	7:17	4:50	
13	Fri	10:02	4.7	10:42	4.2	3:49	-0.1	4:28	-0.3	7:17	4:51	
14	Sat	10:48	4.4	11:30	4.1	4:32	0.2	5:08	-0.1	7:17	4:53	
15	Sun	11:35	4.1			5:17	0.5	5:50	0.2	7:16	4:54	
16	Mon	12:17	4.0	12:21	3.9	6:09	0.7	6:36	0.4	7:16	4:55	
17	Tue	1:02	4.0	1:07	3.6	7:09	0.8	7:27	0.5	7:15	4:56	
18	Wed	1:47	4.0	1:55	3.4	8:12	0.8	8:21	0.6	7:15	4:57	
19	Thu	2:35	4.1	2:50	3.3	9:11	0.7	9:13	0.5	7:14	4:58	
20	Fri	3:28	4.2	3:50	3.3	10:05	0.5	10:03	0.4	7:14	4:59	
21	Sat	4:22	4.4	4:48	3.5	10:55	0.3	10:51	0.3	7:13	5:01	
22	Sun	5:12	4.6	5:38	3.7	11:42	0.0	11:38	0.1	7:13	5:02	
23	Mon	5:57	4.9	6:23	3.9			12:29	-0.2	7:12	5:03	
24	Tue	6:38	5.1	7:04	4.1	12:25	-0.1	1:15	-0.5	7:11	5:04	
25	Wed	7:19	5.3	7:46	4.2	1:12	-0.2	1:59	-0.7	7:10	5:05	
26	Thu	8:01	5.4	8:29	4.4	1:58	-0.4	2:41	-0.8	7:10	5:06	
27	Fri	8:45	5.3	9:15	4.5	2:44	-0.5	3:22	-0.9	7:09	5:08	
28	Sat	9:32	5.2	10:04	4.6	3:29	-0.5	4:02	-0.9	7:08	5:09	
29	Sun	10:24	5.0	10:58	4.7	4:16	-0.4	4:45	-0.7	7:07	5:10	
30	Mon	11:18	4.7	11:53	4.7	5:08	-0.2	5:33	-0.6	7:06	5:11	
31	Tue			12:15	4.4	6:11	0.0	6:28	-0.4	7:05	5:13	