

Atlantic Highlands, NJ - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:29	4.9	1:01	4.1	7:06	0.1	7:10	0.1	6:27	5:48	
2	Fri	1:28	4.8	2:03	3.9	8:19	0.2	8:21	0.3	6:26	5:49	
3	Sat	2:32	4.6	3:10	3.8	9:27	0.2	9:28	0.3	6:24	5:50	
4	Sun	3:40	4.6	4:19	4.0	10:27	0.0	10:28	0.1	6:22	5:51	
5	Mon	4:45	4.7	5:18	4.2	11:19	-0.1	11:22	0.0	6:21	5:53	
6	Tue	5:39	4.8	6:07	4.5			12:07	-0.3	6:19	5:54	
7	Wed	6:25	4.9	6:51	4.7	12:11	-0.1	12:51	-0.4	6:18	5:55	
8	Thu	7:06	5.0	7:31	4.8	12:58	-0.2	1:32	-0.4	6:16	5:56	
9	Fri	7:45	4.9	8:09	4.9	1:41	-0.3	2:10	-0.4	6:15	5:57	
10	Sat	8:22	4.8	8:47	4.8	2:22	-0.3	2:44	-0.3	6:13	5:58	
11	Sun	9:59	4.6	10:23	4.7	4:00	-0.2	4:16	-0.2	7:11	6:59	
12	Mon	10:36	4.3	11:00	4.6	4:36	0.0	4:47	0.0	7:10	7:00	
13	Tue	11:14	4.1	11:38	4.4	5:11	0.2	5:15	0.3	7:08	7:01	
14	Wed	11:55	3.8			5:48	0.4	5:45	0.5	7:06	7:02	
15	Thu	12:18	4.3	12:41	3.6	6:31	0.7	6:19	0.8	7:05	7:03	
16	Fri	1:02	4.2	1:30	3.5	7:27	0.9	7:10	1.0	7:03	7:04	
17	Sat	1:51	4.1	2:24	3.4	8:38	0.9	8:28	1.1	7:02	7:06	
18	Sun	2:46	4.2	3:25	3.4	9:47	0.8	9:47	1.0	7:00	7:07	
19	Mon	3:50	4.3	4:32	3.6	10:46	0.6	10:51	0.7	6:58	7:08	
20	Tue	4:57	4.5	5:34	4.0	11:39	0.2	11:47	0.3	6:57	7:09	
21	Wed	5:57	4.9	6:27	4.5			12:27	-0.2	6:55	7:10	
22	Thu	6:48	5.3	7:14	5.0	12:39	-0.1	1:14	-0.5	6:53	7:11	
23	Fri	7:35	5.5	7:59	5.4	1:31	-0.5	2:00	-0.8	6:52	7:12	
24	Sat	8:21	5.6	8:44	5.7	2:23	-0.8	2:45	-1.0	6:50	7:13	
25	Sun	9:09	5.6	9:31	5.9	3:13	-0.9	3:30	-1.0	6:48	7:14	
26	Mon	9:58	5.4	10:20	5.8	4:03	-0.9	4:14	-0.9	6:47	7:15	
27	Tue	10:51	5.1	11:13	5.7	4:52	-0.8	4:59	-0.7	6:45	7:16	
28	Wed	11:49	4.8			5:44	-0.5	5:48	-0.3	6:44	7:17	
29	Thu	12:11	5.4	12:49	4.5	6:42	-0.1	6:44	0.1	6:42	7:18	
30	Fri	1:11	5.1	1:50	4.3	7:49	0.2	7:52	0.5	6:40	7:19	
31	Sat	2:11	4.8	2:52	4.1	9:01	0.4	9:06	0.7	6:39	7:20	