

Atlantic Highlands, NJ - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:11	4.1	5:42	5.1	11:21	0.8			5:30	8:30	
2	Mon	6:04	4.1	6:27	5.3	12:09	0.8	12:04	0.8	5:31	8:30	
3	Tue	6:51	4.2	7:08	5.4	12:54	0.6	12:47	0.8	5:31	8:29	
4	Wed	7:35	4.3	7:47	5.5	1:40	0.4	1:31	0.8	5:32	8:29	
5	Thu	8:16	4.3	8:25	5.6	2:24	0.3	2:16	0.7	5:32	8:29	
6	Fri	8:56	4.4	9:02	5.6	3:08	0.2	3:00	0.7	5:33	8:29	
7	Sat	9:36	4.4	9:42	5.5	3:48	0.1	3:42	0.7	5:34	8:28	
8	Sun	10:19	4.5	10:25	5.5	4:27	0.1	4:23	0.7	5:34	8:28	
9	Mon	11:05	4.6	11:12	5.3	5:05	0.1	5:05	0.7	5:35	8:28	
10	Tue	11:55	4.7			5:45	0.1	5:53	0.8	5:36	8:27	
11	Wed	12:05	5.2	12:47	4.9	6:29	0.2	6:51	0.9	5:36	8:27	
12	Thu	1:00	5.0	1:40	5.2	7:20	0.3	8:01	0.9	5:37	8:26	
13	Fri	1:55	4.9	2:33	5.4	8:18	0.3	9:14	0.8	5:38	8:26	
14	Sat	2:53	4.7	3:30	5.6	9:19	0.3	10:21	0.6	5:39	8:25	
15	Sun	3:57	4.6	4:33	5.7	10:19	0.2	11:22	0.4	5:40	8:24	
16	Mon	5:05	4.6	5:36	5.9	11:18	0.1			5:40	8:24	
17	Tue	6:10	4.8	6:35	6.1	12:19	0.1	12:15	0.0	5:41	8:23	
18	Wed	7:08	4.9	7:28	6.2	1:15	-0.1	1:11	0.0	5:42	8:22	
19	Thu	8:02	5.1	8:19	6.1	2:09	-0.2	2:06	0.0	5:43	8:22	
20	Fri	8:53	5.1	9:08	6.0	3:00	-0.3	2:59	0.1	5:44	8:21	
21	Sat	9:44	5.1	9:56	5.8	3:48	-0.3	3:49	0.2	5:45	8:20	
22	Sun	10:35	5.1	10:44	5.5	4:32	-0.2	4:35	0.4	5:45	8:19	
23	Mon	11:26	5.0	11:33	5.2	5:13	0.0	5:20	0.6	5:46	8:18	
24	Tue			12:15	4.9	5:54	0.2	6:06	0.9	5:47	8:18	
25	Wed	12:21	4.8	1:02	4.9	6:35	0.5	6:57	1.1	5:48	8:17	
26	Thu	1:08	4.5	1:47	4.8	7:20	0.8	7:55	1.3	5:49	8:16	
27	Fri	1:54	4.3	2:31	4.8	8:08	1.0	8:56	1.4	5:50	8:15	
28	Sat	2:41	4.1	3:17	4.8	9:00	1.1	9:54	1.3	5:51	8:14	
29	Sun	3:33	3.9	4:08	4.8	9:52	1.2	10:48	1.1	5:52	8:13	
30	Mon	4:31	3.9	5:02	5.0	10:43	1.1	11:38	0.9	5:53	8:12	
31	Tue	5:30	4.0	5:53	5.1	11:32	1.0			5:54	8:11	