

Atlantic Highlands, NJ - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:38	4.7	10:07	4.8	3:35	-0.4	3:54	-0.4	6:27	5:48	
2	Sat	10:22	4.3	10:50	4.6	4:15	-0.1	4:28	-0.1	6:26	5:49	
3	Sun	11:07	4.0	11:35	4.4	4:56	0.2	5:03	0.3	6:24	5:50	
4	Mon	11:55	3.7			5:42	0.5	5:42	0.6	6:23	5:51	
5	Tue	12:21	4.2	12:44	3.5	6:38	0.8	6:34	0.9	6:21	5:52	
6	Wed	1:08	4.1	1:35	3.3	7:44	0.9	7:42	1.0	6:20	5:53	
7	Thu	2:00	4.0	2:33	3.3	8:49	0.9	8:51	1.0	6:18	5:54	
8	Fri	3:00	4.0	3:38	3.4	9:47	0.7	9:50	0.9	6:17	5:56	
9	Sat	4:02	4.1	4:38	3.6	10:38	0.5	10:42	0.6	6:15	5:57	
10	Sun	5:58	4.4	6:28	3.9			12:24	0.2	7:13	6:58	
11	Mon	6:44	4.7	7:10	4.3	12:30	0.3	1:07	-0.1	7:12	6:59	
12	Tue	7:25	5.0	7:48	4.6	1:16	0.1	1:49	-0.3	7:10	7:00	
13	Wed	8:04	5.1	8:25	4.9	2:02	-0.2	2:29	-0.5	7:09	7:01	
14	Thu	8:43	5.2	9:02	5.1	2:47	-0.4	3:08	-0.6	7:07	7:02	
15	Fri	9:24	5.1	9:42	5.3	3:31	-0.5	3:47	-0.7	7:05	7:03	
16	Sat	10:08	4.9	10:26	5.3	4:15	-0.5	4:25	-0.6	7:04	7:04	
17	Sun	10:56	4.7	11:16	5.3	5:00	-0.4	5:05	-0.4	7:02	7:05	
18	Mon	11:52	4.4			5:49	-0.2	5:50	-0.2	7:00	7:06	
19	Tue	12:13	5.1	12:53	4.2	6:48	0.1	6:45	0.2	6:59	7:07	
20	Wed	1:14	5.0	1:56	4.0	8:00	0.3	7:58	0.4	6:57	7:08	
21	Thu	2:18	4.8	3:01	4.0	9:15	0.4	9:17	0.5	6:55	7:09	
22	Fri	3:25	4.7	4:10	4.1	10:23	0.2	10:28	0.3	6:54	7:11	
23	Sat	4:36	4.8	5:18	4.3	11:22	0.0	11:30	0.1	6:52	7:12	
24	Sun	5:42	4.9	6:17	4.7			12:14	-0.2	6:51	7:13	
25	Mon	6:37	5.1	7:06	5.0	12:25	-0.1	1:02	-0.4	6:49	7:14	
26	Tue	7:24	5.2	7:50	5.3	1:15	-0.3	1:47	-0.5	6:47	7:15	
27	Wed	8:07	5.2	8:31	5.4	2:03	-0.4	2:29	-0.5	6:46	7:16	
28	Thu	8:47	5.1	9:11	5.4	2:48	-0.4	3:08	-0.4	6:44	7:17	
29	Fri	9:27	4.9	9:49	5.3	3:30	-0.4	3:44	-0.2	6:42	7:18	
30	Sat	10:07	4.6	10:27	5.1	4:10	-0.2	4:18	0.0	6:41	7:19	
31	Sun	10:48	4.3	11:06	4.9	4:47	0.0	4:50	0.3	6:39	7:20	