

Atlantic Highlands, NJ - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:28	4.7	6:51	4.2	12:15	0.2	12:49	-0.1	6:28	5:48	
2	Sun	7:05	4.8	7:26	4.4	12:58	0.1	1:27	-0.3	6:26	5:49	
3	Mon	7:40	4.8	7:59	4.5	1:39	-0.1	2:03	-0.4	6:25	5:50	
4	Tue	8:13	4.7	8:31	4.6	2:18	-0.1	2:37	-0.4	6:23	5:51	
5	Wed	8:47	4.6	9:03	4.7	2:56	-0.1	3:08	-0.3	6:22	5:52	
6	Thu	9:23	4.4	9:38	4.7	3:32	-0.1	3:39	-0.2	6:20	5:53	
7	Fri	10:04	4.2	10:21	4.8	4:09	0.0	4:11	-0.1	6:19	5:54	
8	Sat	10:54	4.0	11:12	4.8	4:52	0.2	4:49	0.1	6:17	5:55	
9	Sun			12:52	3.8	6:48	0.4	6:39	0.3	7:15	6:56	
10	Mon	1:12	4.7	1:55	3.7	8:03	0.5	7:53	0.5	7:14	6:57	
11	Tue	2:17	4.7	3:02	3.7	9:24	0.5	9:18	0.4	7:12	6:59	
12	Wed	3:27	4.7	4:15	3.9	10:33	0.2	10:33	0.2	7:11	7:00	
13	Thu	4:42	4.9	5:26	4.3	11:33	-0.1	11:37	-0.1	7:09	7:01	
14	Fri	5:50	5.1	6:26	4.7			12:26	-0.5	7:07	7:02	
15	Sat	6:47	5.4	7:19	5.2	12:35	-0.5	1:17	-0.8	7:06	7:03	
16	Sun	7:38	5.6	8:07	5.5	1:30	-0.7	2:05	-1.0	7:04	7:04	
17	Mon	8:25	5.6	8:53	5.6	2:22	-0.9	2:51	-1.0	7:02	7:05	
18	Tue	9:10	5.4	9:37	5.6	3:11	-0.9	3:34	-0.9	7:01	7:06	
19	Wed	9:56	5.1	10:22	5.5	3:58	-0.8	4:14	-0.7	6:59	7:07	
20	Thu	10:42	4.8	11:08	5.2	4:41	-0.5	4:53	-0.3	6:57	7:08	
21	Fri	11:31	4.4	11:55	4.9	5:25	-0.2	5:31	0.1	6:56	7:09	
22	Sat			12:22	4.0	6:10	0.2	6:12	0.5	6:54	7:10	
23	Sun	12:44	4.6	1:14	3.7	7:02	0.6	7:01	0.9	6:53	7:11	
24	Mon	1:35	4.3	2:07	3.6	8:04	0.8	8:06	1.2	6:51	7:12	
25	Tue	2:27	4.1	3:03	3.5	9:11	1.0	9:17	1.3	6:49	7:13	
26	Wed	3:24	4.0	4:03	3.5	10:12	0.9	10:21	1.1	6:48	7:14	
27	Thu	4:26	4.1	5:04	3.7	11:04	0.7	11:15	0.9	6:46	7:15	
28	Fri	5:24	4.2	5:57	4.0	11:49	0.5			6:44	7:17	
29	Sat	6:14	4.5	6:41	4.3	12:03	0.7	12:31	0.3	6:43	7:18	
30	Sun	6:56	4.7	7:19	4.7	12:48	0.4	1:10	0.1	6:41	7:19	
31	Mon	7:34	4.8	7:53	4.9	1:31	0.2	1:49	-0.1	6:39	7:20	