

Atlantic Highlands, NJ - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:22	5.1	10:34	6.1	4:24	-0.5	4:25	-0.1	5:30	8:30	
2	Wed	11:20	5.2	11:32	5.8	5:13	-0.5	5:18	0.1	5:30	8:30	
3	Thu			12:19	5.3	6:02	-0.4	6:15	0.3	5:31	8:30	
4	Fri	12:29	5.5	1:15	5.4	6:55	-0.2	7:18	0.6	5:31	8:29	
5	Sat	1:25	5.2	2:08	5.4	7:50	0.1	8:24	0.7	5:32	8:29	
6	Sun	2:18	4.9	3:00	5.4	8:47	0.3	9:29	0.8	5:33	8:29	
7	Mon	3:12	4.6	3:53	5.4	9:42	0.4	10:29	0.7	5:33	8:28	
8	Tue	4:10	4.3	4:48	5.4	10:34	0.5	11:23	0.7	5:34	8:28	
9	Wed	5:10	4.2	5:41	5.4	11:22	0.6			5:35	8:28	
10	Thu	6:07	4.2	6:30	5.4	12:13	0.6	12:09	0.7	5:35	8:27	
11	Fri	6:57	4.3	7:14	5.5	1:00	0.5	12:55	0.7	5:36	8:27	
12	Sat	7:42	4.4	7:56	5.5	1:46	0.4	1:40	0.8	5:37	8:26	
13	Sun	8:24	4.4	8:36	5.4	2:30	0.4	2:25	0.8	5:38	8:26	
14	Mon	9:06	4.4	9:15	5.3	3:11	0.3	3:08	0.8	5:38	8:25	
15	Tue	9:47	4.4	9:53	5.2	3:50	0.3	3:48	0.9	5:39	8:25	
16	Wed	10:28	4.4	10:30	5.0	4:25	0.3	4:26	1.0	5:40	8:24	
17	Thu	11:09	4.4	11:08	4.8	4:59	0.4	5:02	1.1	5:41	8:23	
18	Fri	11:49	4.4	11:48	4.6	5:31	0.5	5:40	1.2	5:42	8:23	
19	Sat			12:29	4.5	6:04	0.6	6:22	1.3	5:42	8:22	
20	Sun	12:32	4.5	1:09	4.6	6:40	0.7	7:18	1.4	5:43	8:21	
21	Mon	1:18	4.3	1:52	4.8	7:24	0.8	8:27	1.4	5:44	8:20	
22	Tue	2:09	4.2	2:40	5.0	8:20	0.8	9:38	1.2	5:45	8:20	
23	Wed	3:05	4.1	3:36	5.2	9:23	0.8	10:42	0.9	5:46	8:19	
24	Thu	4:12	4.1	4:41	5.5	10:27	0.7	11:40	0.6	5:47	8:18	
25	Fri	5:23	4.3	5:46	5.8	11:27	0.4			5:48	8:17	
26	Sat	6:26	4.6	6:45	6.1	12:36	0.2	12:26	0.2	5:49	8:16	
27	Sun	7:22	4.9	7:39	6.3	1:31	-0.1	1:25	0.0	5:49	8:15	
28	Mon	8:16	5.2	8:31	6.4	2:24	-0.4	2:23	-0.2	5:50	8:14	
29	Tue	9:09	5.4	9:24	6.4	3:15	-0.6	3:18	-0.3	5:51	8:13	
30	Wed	10:03	5.6	10:17	6.1	4:03	-0.7	4:11	-0.3	5:52	8:12	
31	Thu	10:57	5.6	11:11	5.8	4:49	-0.6	5:03	-0.1	5:53	8:11	