

Atlantic Highlands, NJ - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:21	5.1	9:33	5.1	3:20	0.3	3:37	0.7	6:24	7:27	
2	Wed	9:55	5.1	10:08	4.9	3:52	0.4	4:14	0.8	6:25	7:26	
3	Thu	10:28	5.0	10:44	4.6	4:22	0.5	4:49	0.9	6:26	7:24	
4	Fri	11:01	4.9	11:22	4.4	4:51	0.7	5:24	1.1	6:27	7:23	
5	Sat	11:37	4.9			5:19	0.9	6:03	1.3	6:28	7:21	
6	Sun	12:07	4.2	12:20	4.9	5:51	1.1	6:54	1.4	6:28	7:19	
7	Mon	12:59	4.0	1:12	4.9	6:34	1.2	8:08	1.5	6:29	7:18	
8	Tue	1:56	3.9	2:10	4.9	7:40	1.4	9:24	1.4	6:30	7:16	
9	Wed	2:57	4.0	3:14	5.1	9:03	1.3	10:28	1.1	6:31	7:14	
10	Thu	4:05	4.1	4:24	5.3	10:17	1.0	11:24	0.7	6:32	7:13	
11	Fri	5:12	4.5	5:30	5.6	11:19	0.7			6:33	7:11	
12	Sat	6:11	5.0	6:27	5.9	12:14	0.3	12:17	0.3	6:34	7:09	
13	Sun	7:02	5.5	7:18	6.2	1:02	-0.1	1:12	-0.1	6:35	7:08	
14	Mon	7:51	6.0	8:07	6.3	1:50	-0.4	2:06	-0.3	6:36	7:06	
15	Tue	8:39	6.3	8:55	6.2	2:37	-0.6	2:59	-0.5	6:37	7:04	
16	Wed	9:27	6.4	9:45	5.9	3:23	-0.7	3:51	-0.4	6:38	7:03	
17	Thu	10:18	6.3	10:38	5.5	4:08	-0.5	4:41	-0.3	6:39	7:01	
18	Fri	11:11	6.1	11:34	5.1	4:53	-0.2	5:32	0.1	6:40	6:59	
19	Sat			12:07	5.8	5:41	0.2	6:28	0.5	6:41	6:58	
20	Sun	12:34	4.8	1:05	5.5	6:34	0.6	7:32	0.8	6:42	6:56	
21	Mon	1:34	4.5	2:02	5.3	7:38	1.1	8:42	1.0	6:43	6:54	
22	Tue	2:34	4.3	3:00	5.1	8:49	1.3	9:48	1.0	6:44	6:53	
23	Wed	3:35	4.2	4:01	4.9	9:56	1.3	10:45	0.9	6:45	6:51	
24	Thu	4:37	4.3	5:01	5.0	10:54	1.2	11:33	0.8	6:46	6:49	
25	Fri	5:35	4.5	5:53	5.1	11:43	1.0			6:47	6:48	
26	Sat	6:22	4.8	6:38	5.2	12:15	0.7	12:28	0.9	6:48	6:46	
27	Sun	7:03	5.0	7:17	5.2	12:54	0.5	1:11	0.7	6:49	6:44	
28	Mon	7:39	5.2	7:54	5.2	1:31	0.4	1:52	0.6	6:50	6:43	
29	Tue	8:14	5.4	8:29	5.1	2:07	0.4	2:33	0.6	6:51	6:41	
30	Wed	8:46	5.4	9:03	5.0	2:42	0.4	3:12	0.6	6:52	6:39	