

Atlantic Highlands, NJ - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:16	5.4	9:37	4.8	3:15	0.5	3:49	0.6	6:53	6:38	
2	Fri	9:45	5.3	10:11	4.5	3:47	0.6	4:25	0.7	6:54	6:36	
3	Sat	10:15	5.2	10:50	4.3	4:17	0.8	5:00	0.9	6:55	6:34	
4	Sun	10:51	5.1	11:37	4.1	4:47	0.9	5:39	1.1	6:56	6:33	
5	Mon	11:39	5.0			5:21	1.1	6:28	1.2	6:57	6:31	
6	Tue	12:35	4.0	12:40	5.0	6:06	1.3	7:38	1.3	6:58	6:30	
7	Wed	1:37	4.0	1:45	5.0	7:14	1.4	8:54	1.2	6:59	6:28	
8	Thu	2:39	4.1	2:51	5.1	8:43	1.3	9:59	0.9	7:00	6:26	
9	Fri	3:43	4.4	3:59	5.3	10:00	1.0	10:55	0.5	7:01	6:25	
10	Sat	4:48	4.8	5:05	5.5	11:03	0.6	11:45	0.1	7:02	6:23	
11	Sun	5:47	5.4	6:04	5.7			12:00	0.2	7:03	6:22	
12	Mon	6:39	5.9	6:56	5.9	12:32	-0.2	12:55	-0.2	7:04	6:20	
13	Tue	7:28	6.4	7:46	5.9	1:20	-0.5	1:49	-0.4	7:05	6:19	
14	Wed	8:15	6.6	8:34	5.8	2:07	-0.6	2:42	-0.5	7:06	6:17	
15	Thu	9:02	6.6	9:24	5.6	2:55	-0.6	3:33	-0.5	7:07	6:15	
16	Fri	9:52	6.4	10:17	5.2	3:42	-0.4	4:23	-0.3	7:08	6:14	
17	Sat	10:44	6.1	11:14	4.9	4:29	0.0	5:12	0.0	7:09	6:13	
18	Sun	11:40	5.7			5:16	0.4	6:05	0.4	7:10	6:11	
19	Mon	12:15	4.6	12:39	5.3	6:08	0.8	7:05	0.7	7:11	6:10	
20	Tue	1:16	4.3	1:37	5.0	7:10	1.2	8:11	1.0	7:12	6:08	
21	Wed	2:14	4.2	2:33	4.8	8:21	1.4	9:15	1.0	7:14	6:07	
22	Thu	3:10	4.2	3:28	4.7	9:30	1.4	10:11	0.9	7:15	6:05	
23	Fri	4:07	4.3	4:24	4.7	10:28	1.3	10:57	0.8	7:16	6:04	
24	Sat	5:01	4.5	5:18	4.7	11:17	1.1	11:37	0.7	7:17	6:03	
25	Sun	5:49	4.8	6:05	4.8			12:02	0.9	7:18	6:01	
26	Mon	6:30	5.1	6:46	4.8	12:15	0.5	12:44	0.7	7:19	6:00	
27	Tue	7:07	5.3	7:25	4.9	12:52	0.4	1:26	0.5	7:20	5:59	
28	Wed	7:41	5.4	8:01	4.8	1:28	0.4	2:07	0.4	7:21	5:57	
29	Thu	8:13	5.5	8:37	4.7	2:05	0.4	2:48	0.4	7:23	5:56	
30	Fri	8:43	5.5	9:12	4.5	2:41	0.5	3:28	0.4	7:24	5:55	
31	Sat	9:13	5.4	9:49	4.3	3:17	0.6	4:06	0.5	7:25	5:54	