

Atlantic Highlands, NJ - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:17	5.2	10:10	4.0	3:16	0.4	4:14	0.2	7:00	4:30	
2	Wed	10:10	5.1	11:08	4.1	4:00	0.5	5:00	0.2	7:01	4:30	
3	Thu	11:10	5.0			4:52	0.6	5:53	0.3	7:02	4:29	
4	Fri	12:07	4.3	12:11	4.9	5:56	0.7	6:53	0.2	7:03	4:29	
5	Sat	1:03	4.5	1:10	4.7	7:11	0.7	7:54	0.1	7:04	4:29	
6	Sun	1:59	4.8	2:10	4.6	8:25	0.5	8:52	-0.1	7:04	4:29	
7	Mon	2:58	5.1	3:13	4.6	9:30	0.2	9:46	-0.3	7:05	4:29	
8	Tue	3:58	5.4	4:17	4.6	10:29	-0.1	10:38	-0.4	7:06	4:29	
9	Wed	4:55	5.7	5:16	4.6	11:24	-0.3	11:29	-0.5	7:07	4:29	
10	Thu	5:47	5.9	6:10	4.7			12:17	-0.5	7:08	4:29	
11	Fri	6:36	6.0	7:01	4.7	12:19	-0.5	1:10	-0.6	7:09	4:29	
12	Sat	7:23	5.9	7:51	4.6	1:11	-0.4	2:00	-0.6	7:09	4:29	
13	Sun	8:11	5.7	8:41	4.5	2:01	-0.2	2:48	-0.5	7:10	4:30	
14	Mon	8:58	5.4	9:32	4.3	2:48	0.0	3:32	-0.3	7:11	4:30	
15	Tue	9:47	5.1	10:24	4.1	3:33	0.2	4:15	-0.1	7:12	4:30	
16	Wed	10:38	4.8	11:17	4.0	4:18	0.5	4:59	0.1	7:12	4:30	
17	Thu	11:28	4.5			5:04	0.8	5:44	0.3	7:13	4:31	
18	Fri	12:07	4.0	12:17	4.2	5:58	1.0	6:32	0.5	7:14	4:31	
19	Sat	12:55	4.0	1:04	4.0	7:00	1.1	7:23	0.6	7:14	4:31	
20	Sun	1:40	4.0	1:52	3.8	8:04	1.1	8:14	0.6	7:15	4:32	
21	Mon	2:27	4.1	2:43	3.7	9:03	1.0	9:03	0.6	7:15	4:32	
22	Tue	3:17	4.3	3:39	3.6	9:56	0.8	9:49	0.5	7:16	4:33	
23	Wed	4:07	4.4	4:35	3.7	10:45	0.5	10:34	0.4	7:16	4:33	
24	Thu	4:55	4.7	5:25	3.8	11:31	0.3	11:18	0.3	7:16	4:34	
25	Fri	5:39	4.9	6:11	3.9			12:17	0.1	7:17	4:35	
26	Sat	6:19	5.1	6:53	4.0	12:03	0.2	1:04	-0.1	7:17	4:35	
27	Sun	6:59	5.3	7:35	4.1	12:49	0.1	1:49	-0.3	7:18	4:36	
28	Mon	7:40	5.3	8:18	4.1	1:36	0.0	2:33	-0.4	7:18	4:37	
29	Tue	8:23	5.4	9:05	4.2	2:22	-0.1	3:15	-0.5	7:18	4:37	
30	Wed	9:10	5.3	9:55	4.3	3:08	-0.2	3:57	-0.5	7:18	4:38	
31	Thu	10:01	5.1	10:45	4.4	3:54	-0.1	4:40	-0.5	7:18	4:39	