

Bay Head, NJ - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:27	0.3	9:43	0.4	3:28	0.2	3:22	0.2	5:54	8:10	
2	Wed	10:11	0.3	10:23	0.4	4:11	0.2	4:06	0.2	5:55	8:09	
3	Thu	10:52	0.3	11:01	0.4	4:53	0.1	4:51	0.2	5:56	8:08	
4	Fri	11:32	0.3	11:36	0.4	5:34	0.1	5:33	0.2	5:57	8:07	
5	Sat			12:10	0.3	6:12	0.1	6:14	0.2	5:58	8:06	
6	Sun	12:10	0.4	12:47	0.3	6:48	0.1	6:53	0.2	5:58	8:05	
7	Mon	12:44	0.4	1:24	0.3	7:21	0.1	7:30	0.2	5:59	8:04	
8	Tue	1:19	0.3	2:03	0.3	7:53	0.1	8:08	0.3	6:00	8:02	
9	Wed	2:00	0.3	2:46	0.3	8:26	0.2	8:51	0.3	6:01	8:01	
10	Thu	2:48	0.3	3:35	0.4	9:04	0.2	9:45	0.4	6:02	8:00	
11	Fri	3:43	0.3	4:27	0.4	9:54	0.2	10:54	0.4	6:03	7:59	
12	Sat	4:41	0.3	5:23	0.4	11:01	0.3			6:04	7:57	
13	Sun	5:43	0.3	6:24	0.4	12:07	0.3	12:13	0.2	6:05	7:56	
14	Mon	6:52	0.3	7:31	0.4	1:13	0.2	1:20	0.1	6:06	7:55	
15	Tue	8:02	0.3	8:35	0.4	2:13	0.1	2:22	0.0	6:07	7:53	
16	Wed	9:06	0.4	9:33	0.4	3:09	0.0	3:20	-0.1	6:08	7:52	
17	Thu	10:03	0.4	10:27	0.4	4:03	-0.2	4:17	-0.1	6:09	7:51	
18	Fri	10:55	0.4	11:18	0.5	4:56	-0.2	5:12	-0.2	6:10	7:49	
19	Sat	11:47	0.4			5:46	-0.3	6:06	-0.2	6:11	7:48	
20	Sun	12:08	0.4	12:38	0.4	6:34	-0.3	6:56	-0.1	6:12	7:46	
21	Mon	12:59	0.4	1:30	0.4	7:20	-0.2	7:45	0.0	6:13	7:45	
22	Tue	1:51	0.4	2:22	0.4	8:04	-0.1	8:34	0.1	6:14	7:43	
23	Wed	2:44	0.4	3:15	0.4	8:49	0.0	9:27	0.2	6:15	7:42	
24	Thu	3:37	0.3	4:06	0.4	9:38	0.2	10:26	0.3	6:16	7:41	
25	Fri	4:29	0.3	4:56	0.4	10:31	0.3	11:28	0.4	6:17	7:39	
26	Sat	5:21	0.3	5:46	0.3	11:29	0.4			6:18	7:38	
27	Sun	6:14	0.3	6:38	0.3	12:29	0.4	12:27	0.4	6:19	7:36	
28	Mon	7:10	0.3	7:34	0.3	1:24	0.4	1:21	0.4	6:19	7:34	
29	Tue	8:07	0.3	8:27	0.3	2:12	0.3	2:10	0.4	6:20	7:33	
30	Wed	8:59	0.3	9:14	0.4	2:57	0.3	2:56	0.3	6:21	7:31	
31	Thu	9:44	0.3	9:56	0.4	3:39	0.2	3:41	0.2	6:22	7:30	