

Bay Head, NJ - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:11	0.4	6:02	-0.3	6:41	-0.4	7:18	4:41	
2	Tue	12:45	0.3	1:07	0.4	6:54	-0.3	7:31	-0.4	7:18	4:42	
3	Wed	1:44	0.3	2:05	0.4	7:49	-0.2	8:24	-0.3	7:18	4:42	
4	Thu	2:43	0.3	3:02	0.3	8:50	0.0	9:21	-0.2	7:18	4:43	
5	Fri	3:39	0.3	3:58	0.3	9:57	0.0	10:21	-0.1	7:18	4:44	
6	Sat	4:34	0.3	4:53	0.3	11:05	0.1	11:20	-0.1	7:18	4:45	
7	Sun	5:29	0.3	5:51	0.3			12:07	0.1	7:18	4:46	
8	Mon	6:27	0.3	6:51	0.3	12:15	0.0	1:03	0.0	7:18	4:47	
9	Tue	7:23	0.3	7:47	0.3	1:05	0.0	1:53	0.0	7:18	4:48	
10	Wed	8:12	0.3	8:37	0.3	1:52	0.0	2:40	-0.1	7:17	4:49	
11	Thu	8:56	0.3	9:21	0.3	2:37	0.0	3:25	-0.1	7:17	4:50	
12	Fri	9:37	0.3	10:03	0.3	3:20	-0.1	4:08	-0.1	7:17	4:51	
13	Sat	10:15	0.3	10:44	0.3	4:03	-0.1	4:49	-0.1	7:17	4:52	
14	Sun	10:52	0.3	11:24	0.3	4:45	-0.1	5:27	-0.1	7:16	4:53	
15	Mon	11:28	0.3			5:24	0.0	6:03	-0.1	7:16	4:54	
16	Tue	12:03	0.3	12:03	0.3	6:02	0.0	6:37	-0.1	7:16	4:55	
17	Wed	12:43	0.3	12:39	0.3	6:38	0.1	7:09	0.0	7:15	4:56	
18	Thu	1:24	0.3	1:16	0.3	7:14	0.1	7:42	0.0	7:15	4:58	
19	Fri	2:06	0.3	1:58	0.3	7:53	0.2	8:19	0.1	7:14	4:59	
20	Sat	2:49	0.3	2:47	0.3	8:43	0.2	9:05	0.1	7:14	5:00	
21	Sun	3:35	0.3	3:39	0.3	9:50	0.2	10:06	0.1	7:13	5:01	
22	Mon	4:25	0.3	4:37	0.3	11:03	0.2	11:13	0.1	7:12	5:02	
23	Tue	5:22	0.3	5:43	0.3			12:09	0.1	7:12	5:03	
24	Wed	6:26	0.3	6:53	0.3	12:16	0.0	1:09	0.0	7:11	5:05	
25	Thu	7:30	0.4	7:58	0.3	1:15	-0.1	2:05	-0.2	7:10	5:06	
26	Fri	8:27	0.4	8:54	0.3	2:12	-0.2	2:59	-0.3	7:10	5:07	
27	Sat	9:20	0.4	9:47	0.3	3:07	-0.3	3:52	-0.4	7:09	5:08	
28	Sun	10:11	0.4	10:39	0.4	4:03	-0.4	4:44	-0.5	7:08	5:09	
29	Mon	11:02	0.4	11:32	0.4	4:57	-0.5	5:33	-0.6	7:07	5:10	
30	Tue	11:54	0.4			5:49	-0.5	6:21	-0.5	7:06	5:12	
31	Wed	12:25	0.4	12:48	0.4	6:39	-0.4	7:08	-0.5	7:06	5:13	