

Bay Head, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:23	0.4	9:50	0.3	3:06	-0.2	3:56	-0.2	7:18	4:41	
2	Wed	10:07	0.4	10:35	0.3	3:54	-0.1	4:42	-0.2	7:18	4:41	
3	Thu	10:48	0.4	11:19	0.3	4:39	-0.1	5:24	-0.2	7:18	4:42	
4	Fri	11:30	0.4			5:22	-0.1	6:04	-0.2	7:18	4:43	
5	Sat	12:04	0.3	12:11	0.3	6:02	0.0	6:42	-0.1	7:18	4:44	
6	Sun	12:50	0.3	12:54	0.3	6:41	0.1	7:19	0.0	7:18	4:45	
7	Mon	1:37	0.3	1:38	0.3	7:21	0.1	7:57	0.0	7:18	4:46	
8	Tue	2:24	0.3	2:23	0.3	8:04	0.2	8:39	0.1	7:18	4:47	
9	Wed	3:09	0.3	3:08	0.3	8:55	0.3	9:27	0.2	7:18	4:48	
10	Thu	3:54	0.3	3:54	0.3	9:58	0.3	10:22	0.2	7:18	4:49	
11	Fri	4:39	0.3	4:44	0.3	11:03	0.3	11:18	0.2	7:17	4:50	
12	Sat	5:28	0.3	5:40	0.2			12:03	0.2	7:17	4:51	
13	Sun	6:22	0.3	6:41	0.3	12:11	0.1	12:58	0.1	7:17	4:52	
14	Mon	7:17	0.3	7:40	0.3	1:02	0.1	1:49	0.0	7:16	4:53	
15	Tue	8:08	0.3	8:32	0.3	1:51	0.0	2:39	-0.1	7:16	4:54	
16	Wed	8:55	0.4	9:20	0.3	2:40	-0.1	3:28	-0.2	7:16	4:55	
17	Thu	9:41	0.4	10:07	0.3	3:30	-0.2	4:17	-0.3	7:15	4:56	
18	Fri	10:27	0.4	10:55	0.3	4:21	-0.3	5:05	-0.4	7:15	4:57	
19	Sat	11:16	0.4	11:45	0.3	5:12	-0.3	5:51	-0.5	7:14	4:58	
20	Sun			12:07	0.4	6:01	-0.3	6:37	-0.4	7:14	5:00	
21	Mon	12:39	0.3	1:01	0.4	6:51	-0.3	7:24	-0.4	7:13	5:01	
22	Tue	1:36	0.3	1:58	0.4	7:45	-0.2	8:15	-0.3	7:13	5:02	
23	Wed	2:34	0.3	2:55	0.3	8:45	-0.1	9:11	-0.2	7:12	5:03	
24	Thu	3:30	0.3	3:52	0.3	9:53	0.0	10:12	-0.1	7:11	5:04	
25	Fri	4:27	0.3	4:50	0.3	11:02	0.0	11:15	-0.1	7:11	5:05	
26	Sat	5:25	0.3	5:51	0.3			12:08	0.0	7:10	5:07	
27	Sun	6:26	0.3	6:55	0.3	12:14	-0.1	1:06	0.0	7:09	5:08	
28	Mon	7:26	0.3	7:54	0.3	1:09	-0.1	1:59	-0.1	7:08	5:09	
29	Tue	8:19	0.3	8:46	0.3	1:59	-0.1	2:48	-0.1	7:07	5:10	
30	Wed	9:06	0.3	9:32	0.3	2:47	-0.1	3:35	-0.2	7:07	5:11	
31	Thu	9:48	0.3	10:15	0.3	3:34	-0.1	4:19	-0.2	7:06	5:13	