

Bay Head, NJ - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:05	0.3	10:30	0.3	3:56	-0.1	4:30	-0.1	6:28	5:48	
2	Sun	10:42	0.3	11:07	0.3	4:37	-0.1	5:06	-0.1	6:27	5:49	
3	Mon	11:17	0.3	11:43	0.3	5:16	-0.1	5:41	-0.1	6:25	5:50	
4	Tue	11:52	0.3			5:53	-0.1	6:13	-0.1	6:24	5:51	
5	Wed	12:18	0.3	12:26	0.3	6:29	0.0	6:43	0.0	6:22	5:52	
6	Thu	12:53	0.3	1:02	0.3	7:03	0.1	7:12	0.1	6:21	5:53	
7	Fri	1:30	0.3	1:42	0.3	7:40	0.1	7:43	0.1	6:19	5:54	
8	Sat	2:11	0.3	2:29	0.3	8:24	0.2	8:22	0.2	6:18	5:55	
9	Sun	2:58	0.3	3:22	0.3	9:25	0.2	9:22	0.2	6:16	5:56	
10	Mon	3:52	0.3	4:21	0.3	10:39	0.2	10:42	0.2	6:14	5:57	
11	Tue	4:52	0.3	5:26	0.3	11:48	0.2	11:56	0.2	6:13	5:59	
12	Wed	6:00	0.3	6:36	0.3			12:49	0.0	6:11	6:00	
13	Thu	7:08	0.3	7:41	0.3	1:00	0.0	1:44	-0.1	6:10	6:01	
14	Fri	8:08	0.4	8:36	0.3	1:58	-0.1	2:36	-0.3	6:08	6:02	
15	Sat	9:02	0.4	9:27	0.4	2:53	-0.3	3:27	-0.4	6:06	6:03	
16	Sun	9:52	0.4	10:17	0.4	3:48	-0.4	4:16	-0.5	6:05	6:04	
17	Mon	10:42	0.4	11:06	0.4	4:41	-0.4	5:05	-0.5	6:03	6:05	
18	Tue	11:33	0.4	11:57	0.4	5:33	-0.5	5:52	-0.5	6:02	6:06	
19	Wed			12:25	0.4	6:23	-0.4	6:38	-0.4	6:00	6:07	
20	Thu	12:50	0.4	1:20	0.4	7:13	-0.3	7:25	-0.2	5:58	6:08	
21	Fri	1:45	0.4	2:17	0.3	8:06	-0.1	8:17	-0.1	5:57	6:09	
22	Sat	2:41	0.4	3:14	0.3	9:06	0.0	9:15	0.1	5:55	6:10	
23	Sun	3:37	0.3	4:11	0.3	10:12	0.1	10:20	0.2	5:53	6:11	
24	Mon	4:33	0.3	5:09	0.3	11:18	0.2	11:26	0.2	5:52	6:12	
25	Tue	5:31	0.3	6:09	0.3			12:18	0.1	5:50	6:13	
26	Wed	6:31	0.3	7:07	0.3	12:25	0.2	1:09	0.1	5:49	6:14	
27	Thu	7:29	0.3	7:59	0.3	1:17	0.2	1:55	0.1	5:47	6:15	
28	Fri	8:17	0.3	8:44	0.3	2:04	0.1	2:36	0.0	5:45	6:16	
29	Sat	9:00	0.3	9:24	0.3	2:48	0.1	3:16	0.0	5:44	6:17	
30	Sun	9:38	0.3	10:01	0.3	3:31	0.0	3:55	0.0	5:42	6:18	
31	Mon	10:15	0.3	10:36	0.4	4:13	0.0	4:33	0.0	5:40	6:19	