

































Bay Head, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:46	0.3	6:24	0.3	12:01	0.4	12:10	0.3	5:30	8:29	
2	Mon	6:38	0.3	7:14	0.3	12:58	0.4	12:58	0.3	5:31	8:29	
3	Tue	7:34	0.3	8:06	0.4	1:50	0.4	1:45	0.3	5:31	8:29	
4	Wed	8:31	0.3	8:55	0.4	2:38	0.3	2:31	0.3	5:32	8:28	
5	Thu	9:22	0.3	9:40	0.4	3:24	0.3	3:16	0.3	5:32	8:28	
6	Fri	10:07	0.3	10:21	0.4	4:09	0.2	4:01	0.3	5:33	8:28	
7	Sat	10:49	0.3	10:59	0.4	4:54	0.1	4:46	0.3	5:34	8:28	
8	Sun	11:29	0.3	11:36	0.4	5:37	0.1	5:31	0.3	5:34	8:27	
9	Mon			12:08	0.3	6:17	0.1	6:13	0.3	5:35	8:27	
10	Tue	12:13	0.4	12:47	0.3	6:55	0.0	6:54	0.2	5:36	8:26	
11	Wed	12:52	0.4	1:28	0.3	7:30	0.0	7:34	0.3	5:36	8:26	
12	Thu	1:34	0.4	2:13	0.3	8:06	0.0	8:17	0.3	5:37	8:26	
13	Fri	2:21	0.4	3:02	0.3	8:44	0.1	9:07	0.3	5:38	8:25	
14	Sat	3:14	0.3	3:53	0.4	9:27	0.1	10:10	0.3	5:39	8:25	
15	Sun	4:09	0.3	4:46	0.4	10:20	0.1	11:23	0.3	5:39	8:24	
16	Mon	5:07	0.3	5:42	0.4	11:23	0.1			5:40	8:23	
17	Tue	6:09	0.3	6:44	0.4	12:35	0.3	12:29	0.1	5:41	8:23	
18	Wed	7:18	0.3	7:51	0.4	1:40	0.2	1:33	0.1	5:42	8:22	
19	Thu	8:28	0.3	8:55	0.4	2:40	0.1	2:34	0.1	5:42	8:22	
20	Fri	9:30	0.3	9:53	0.4	3:37	0.0	3:32	0.0	5:43	8:21	
21	Sat	10:26	0.4	10:45	0.4	4:31	-0.1	4:29	0.0	5:44	8:20	
22	Sun	11:19	0.4	11:34	0.4	5:23	-0.1	5:24	0.0	5:45	8:19	
23	Mon			12:09	0.4	6:12	-0.2	6:16	0.0	5:46	8:19	
24	Tue	12:22	0.4	12:59	0.4	6:56	-0.1	7:03	0.1	5:47	8:18	
25	Wed	1:10	0.4	1:48	0.4	7:38	-0.1	7:49	0.1	5:48	8:17	
26	Thu	1:57	0.4	2:37	0.4	8:17	0.0	8:34	0.2	5:48	8:16	
27	Fri	2:45	0.3	3:25	0.4	8:57	0.1	9:22	0.3	5:49	8:15	
28	Sat	3:33	0.3	4:11	0.3	9:38	0.2	10:16	0.4	5:50	8:14	
29	Sun	4:20	0.3	4:56	0.3	10:25	0.3	11:16	0.5	5:51	8:13	
30	Mon	5:08	0.3	5:42	0.3	11:17	0.4			5:52	8:12	
31	Tue	5:58	0.3	6:32	0.3	12:18	0.5	12:13	0.5	5:53	8:11	