

































Bay Head, NJ - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:55	0.3	7:27	0.3	1:15	0.5	1:09	0.4	5:54	8:10	
2	Thu	7:57	0.3	8:22	0.3	2:06	0.4	2:00	0.4	5:55	8:09	
3	Fri	8:53	0.3	9:12	0.4	2:54	0.3	2:49	0.4	5:56	8:08	
4	Sat	9:41	0.3	9:55	0.4	3:40	0.2	3:36	0.3	5:57	8:07	
5	Sun	10:23	0.3	10:35	0.4	4:24	0.1	4:22	0.3	5:58	8:06	
6	Mon	11:02	0.3	11:13	0.4	5:07	0.1	5:08	0.2	5:59	8:05	
7	Tue	11:40	0.3	11:51	0.4	5:47	0.0	5:53	0.2	6:00	8:03	
8	Wed			12:19	0.4	6:25	0.0	6:36	0.1	6:01	8:02	
9	Thu	12:30	0.4	12:59	0.4	7:02	0.0	7:19	0.1	6:01	8:01	
10	Fri	1:14	0.4	1:44	0.4	7:39	0.0	8:04	0.2	6:02	8:00	
11	Sat	2:02	0.4	2:35	0.4	8:17	0.0	8:54	0.2	6:03	7:58	
12	Sun	2:56	0.3	3:30	0.4	9:01	0.1	9:55	0.3	6:04	7:57	
13	Mon	3:55	0.3	4:27	0.4	9:56	0.2	11:08	0.3	6:05	7:56	
14	Tue	4:55	0.3	5:26	0.4	11:03	0.2			6:06	7:55	
15	Wed	5:59	0.3	6:31	0.4	12:22	0.3	12:16	0.2	6:07	7:53	
16	Thu	7:09	0.3	7:40	0.4	1:28	0.2	1:24	0.2	6:08	7:52	
17	Fri	8:18	0.3	8:44	0.4	2:27	0.1	2:25	0.1	6:09	7:50	
18	Sat	9:19	0.3	9:40	0.4	3:21	0.1	3:22	0.1	6:10	7:49	
19	Sun	10:12	0.4	10:29	0.4	4:12	0.0	4:16	0.0	6:11	7:48	
20	Mon	11:00	0.4	11:14	0.4	5:00	-0.1	5:07	0.0	6:12	7:46	
21	Tue	11:45	0.4	11:57	0.4	5:45	-0.1	5:55	0.0	6:13	7:45	
22	Wed			12:29	0.4	6:26	-0.1	6:40	0.1	6:14	7:43	
23	Thu	12:40	0.4	1:12	0.4	7:04	0.0	7:21	0.1	6:15	7:42	
24	Fri	1:23	0.4	1:55	0.4	7:39	0.1	8:02	0.2	6:16	7:40	
25	Sat	2:07	0.3	2:40	0.4	8:13	0.2	8:44	0.3	6:17	7:39	
26	Sun	2:53	0.3	3:25	0.3	8:49	0.3	9:31	0.4	6:18	7:37	
27	Mon	3:42	0.3	4:12	0.3	9:28	0.4	10:28	0.5	6:19	7:36	
28	Tue	4:31	0.3	4:59	0.3	10:21	0.5	11:34	0.5	6:20	7:34	
29	Wed	5:23	0.3	5:50	0.3	11:27	0.6			6:21	7:33	
30	Thu	6:19	0.3	6:46	0.3	12:37	0.5	12:33	0.5	6:21	7:31	
31	Fri	7:21	0.3	7:45	0.3	1:33	0.4	1:31	0.5	6:22	7:30	