

































Bay Head, NJ - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:36	0.3	1:04	0.3	7:08	-0.1	7:09	-0.1	6:28	5:48	
2	Mon	1:24	0.3	1:59	0.3	7:55	0.0	7:53	0.0	6:27	5:49	
3	Tue	2:21	0.3	3:00	0.3	8:57	0.1	8:51	0.1	6:25	5:50	
4	Wed	3:23	0.3	4:04	0.3	10:14	0.2	10:10	0.1	6:24	5:51	
5	Thu	4:28	0.3	5:11	0.3	11:30	0.1	11:30	0.1	6:22	5:52	
6	Fri	5:39	0.3	6:23	0.3			12:36	0.0	6:21	5:53	
7	Sat	6:51	0.3	7:31	0.3	12:40	0.0	1:33	-0.1	6:19	5:54	
8	Sun	8:55	0.4	9:28	0.3	1:41	-0.1	3:25	-0.2	7:18	6:55	
9	Mon	9:49	0.4	10:18	0.4	3:37	-0.2	4:15	-0.3	7:16	6:56	
10	Tue	10:37	0.4	11:05	0.4	4:29	-0.3	5:01	-0.4	7:14	6:57	
11	Wed	11:22	0.4	11:49	0.4	5:20	-0.3	5:46	-0.4	7:13	6:58	
12	Thu			12:06	0.4	6:07	-0.3	6:27	-0.3	7:11	7:00	
13	Fri	12:32	0.4	12:50	0.3	6:51	-0.2	7:06	-0.2	7:10	7:01	
14	Sat	1:15	0.4	1:35	0.3	7:33	-0.2	7:43	-0.1	7:08	7:02	
15	Sun	1:59	0.3	2:22	0.3	8:14	0.0	8:19	0.1	7:06	7:03	
16	Mon	2:45	0.3	3:11	0.3	8:57	0.1	8:58	0.2	7:05	7:04	
17	Tue	3:33	0.3	4:02	0.3	9:47	0.2	9:45	0.3	7:03	7:05	
18	Wed	4:23	0.3	4:54	0.2	10:48	0.3	10:50	0.4	7:02	7:06	
19	Thu	5:15	0.3	5:49	0.2	11:55	0.3			7:00	7:07	
20	Fri	6:11	0.3	6:48	0.2	12:02	0.4	12:56	0.3	6:58	7:08	
21	Sat	7:11	0.3	7:49	0.3	1:06	0.4	1:48	0.2	6:57	7:09	
22	Sun	8:10	0.3	8:42	0.3	2:01	0.3	2:34	0.1	6:55	7:10	
23	Mon	9:00	0.3	9:26	0.3	2:49	0.2	3:16	0.1	6:53	7:11	
24	Tue	9:43	0.3	10:05	0.3	3:35	0.1	3:57	0.0	6:52	7:12	
25	Wed	10:22	0.3	10:40	0.3	4:19	0.0	4:36	-0.1	6:50	7:13	
26	Thu	11:00	0.3	11:15	0.4	5:03	-0.1	5:15	-0.1	6:49	7:14	
27	Fri	11:38	0.3	11:51	0.4	5:47	-0.1	5:54	-0.1	6:47	7:15	
28	Sat			12:19	0.3	6:30	-0.2	6:33	-0.1	6:45	7:16	
29	Sun	12:31	0.4	1:03	0.3	7:13	-0.1	7:12	-0.1	6:44	7:17	
30	Mon	1:16	0.4	1:55	0.3	7:58	-0.1	7:54	0.0	6:42	7:18	
31	Tue	2:08	0.4	2:53	0.3	8:49	0.0	8:43	0.1	6:41	7:19	