

































## Bay Head, NJ - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:00	0.3	10:13	0.4	4:09	0.1	4:00	0.1	5:30	8:29	
2	Tue	10:49	0.3	11:00	0.4	4:59	0.0	4:52	0.0	5:31	8:29	
3	Wed	11:38	0.3	11:49	0.4	5:49	-0.1	5:44	0.0	5:31	8:29	
4	Thu			12:30	0.4	6:38	-0.2	6:36	0.0	5:32	8:28	
5	Fri	12:40	0.4	1:25	0.4	7:26	-0.2	7:28	0.0	5:33	8:28	
6	Sat	1:36	0.4	2:23	0.4	8:13	-0.2	8:21	0.0	5:33	8:28	
7	Sun	2:34	0.4	3:21	0.4	9:04	-0.1	9:19	0.1	5:34	8:28	
8	Mon	3:32	0.4	4:18	0.4	9:59	-0.1	10:24	0.2	5:34	8:27	
9	Tue	4:29	0.4	5:12	0.4	10:57	0.0	11:32	0.2	5:35	8:27	
10	Wed	5:25	0.3	6:07	0.4	11:56	0.0			5:36	8:27	
11	Thu	6:22	0.3	7:03	0.4	12:37	0.2	12:53	0.1	5:36	8:26	
12	Fri	7:23	0.3	8:01	0.4	1:37	0.2	1:46	0.1	5:37	8:26	
13	Sat	8:23	0.3	8:54	0.4	2:31	0.1	2:36	0.1	5:38	8:25	
14	Sun	9:19	0.3	9:42	0.4	3:22	0.1	3:24	0.1	5:39	8:25	
15	Mon	10:08	0.3	10:27	0.4	4:10	0.1	4:11	0.2	5:39	8:24	
16	Tue	10:53	0.3	11:09	0.4	4:57	0.1	4:57	0.2	5:40	8:24	
17	Wed	11:36	0.3	11:49	0.4	5:41	0.0	5:41	0.2	5:41	8:23	
18	Thu			12:19	0.3	6:21	0.0	6:23	0.2	5:42	8:22	
19	Fri	12:30	0.4	1:02	0.3	7:00	0.1	7:03	0.3	5:43	8:22	
20	Sat	1:10	0.4	1:45	0.3	7:36	0.1	7:41	0.3	5:43	8:21	
21	Sun	1:51	0.3	2:29	0.3	8:10	0.2	8:19	0.4	5:44	8:20	
22	Mon	2:33	0.3	3:12	0.3	8:46	0.2	9:01	0.5	5:45	8:19	
23	Tue	3:17	0.3	3:54	0.3	9:23	0.3	9:50	0.5	5:46	8:19	
24	Wed	4:01	0.3	4:35	0.3	10:06	0.3	10:52	0.5	5:47	8:18	
25	Thu	4:46	0.3	5:17	0.3	10:58	0.3	11:59	0.5	5:48	8:17	
26	Fri	5:36	0.3	6:05	0.3	11:55	0.3			5:49	8:16	
27	Sat	6:34	0.3	7:01	0.4	1:01	0.4	12:53	0.3	5:49	8:15	
28	Sun	7:38	0.3	8:02	0.4	1:58	0.3	1:49	0.2	5:50	8:14	
29	Mon	8:41	0.3	8:59	0.4	2:51	0.2	2:43	0.1	5:51	8:13	
30	Tue	9:37	0.3	9:52	0.4	3:44	0.1	3:38	0.0	5:52	8:12	
31	Wed	10:29	0.4	10:43	0.4	4:36	-0.1	4:33	0.0	5:53	8:11	