

































Bay Head, NJ - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:37	0.3	2:46	0.3	8:22	0.3	8:56	0.1	7:18	4:41	
2	Thu	3:24	0.3	3:32	0.3	9:20	0.4	9:46	0.2	7:18	4:42	
3	Fri	4:09	0.3	4:19	0.3	10:25	0.4	10:40	0.2	7:18	4:42	
4	Sat	4:54	0.3	5:09	0.3	11:28	0.3	11:32	0.2	7:18	4:43	
5	Sun	5:43	0.3	6:05	0.3			12:24	0.3	7:18	4:44	
6	Mon	6:35	0.3	7:03	0.3	12:22	0.1	1:16	0.2	7:18	4:45	
7	Tue	7:27	0.3	7:57	0.3	1:09	0.1	2:04	0.1	7:18	4:46	
8	Wed	8:14	0.3	8:46	0.3	1:56	0.0	2:52	-0.1	7:18	4:47	
9	Thu	8:59	0.4	9:31	0.3	2:43	-0.1	3:40	-0.2	7:18	4:48	
10	Fri	9:42	0.4	10:16	0.3	3:32	-0.1	4:28	-0.2	7:17	4:49	
11	Sat	10:27	0.4	11:03	0.3	4:21	-0.2	5:15	-0.3	7:17	4:50	
12	Sun	11:14	0.4	11:53	0.3	5:11	-0.2	6:00	-0.3	7:17	4:51	
13	Mon			12:04	0.4	5:59	-0.2	6:45	-0.3	7:17	4:52	
14	Tue	12:46	0.3	12:58	0.4	6:48	-0.2	7:31	-0.3	7:16	4:53	
15	Wed	1:42	0.3	1:55	0.3	7:41	-0.1	8:21	-0.2	7:16	4:54	
16	Thu	2:40	0.3	2:52	0.3	8:42	-0.1	9:18	-0.2	7:15	4:55	
17	Fri	3:36	0.3	3:50	0.3	9:50	0.0	10:19	-0.1	7:15	4:56	
18	Sat	4:32	0.3	4:48	0.3	11:00	0.0	11:20	-0.1	7:15	4:58	
19	Sun	5:30	0.3	5:50	0.3			12:06	0.0	7:14	4:59	
20	Mon	6:31	0.3	6:55	0.3	12:19	-0.1	1:06	0.0	7:13	5:00	
21	Tue	7:31	0.3	7:56	0.3	1:14	-0.1	2:00	-0.1	7:13	5:01	
22	Wed	8:24	0.4	8:49	0.3	2:05	-0.1	2:51	-0.1	7:12	5:02	
23	Thu	9:12	0.4	9:37	0.3	2:55	-0.1	3:39	-0.2	7:12	5:03	
24	Fri	9:56	0.4	10:21	0.3	3:42	-0.1	4:25	-0.2	7:11	5:05	
25	Sat	10:37	0.4	11:03	0.3	4:28	-0.1	5:07	-0.2	7:10	5:06	
26	Sun	11:18	0.3	11:45	0.3	5:11	-0.1	5:45	-0.2	7:10	5:07	
27	Mon	11:58	0.3			5:51	0.0	6:21	-0.1	7:09	5:08	
28	Tue	12:26	0.3	12:39	0.3	6:28	0.0	6:55	-0.1	7:08	5:09	
29	Wed	1:08	0.3	1:20	0.3	7:06	0.1	7:29	0.0	7:07	5:10	
30	Thu	1:51	0.3	2:02	0.3	7:44	0.2	8:04	0.0	7:06	5:12	
31	Fri	2:33	0.3	2:46	0.3	8:29	0.3	8:44	0.1	7:05	5:13	